# An Analyst's Traveling Salesman Theorem for sets of dimension larger than one 

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## Analyst's traveling salesman theorem

For a cube $Q \subseteq \mathbb{R}^{n}$ of sidelength $\ell(Q)$ and $E \subseteq \mathbb{R}^{n}$ compact, let

$$
\beta_{E}(Q)=\frac{\text { width of smallest tube containing } E \cap Q}{\ell(Q)}
$$



## Analyst's Traveling Salesman Theorem

Theorem (Jones '90; Okikiolu, '92; Schul, '07)
Let $E \subseteq \mathbb{R}^{n}$.

1. There is a curve $\Gamma$ containing $E$ so that

$$
\mathscr{H}^{1}(\Gamma) \lesssim\left(\operatorname{diam} E+\sum_{\substack{Q \text { dyadic } \\ Q E \neq \neq O}} \beta_{E}(3 Q)^{2} \ell(Q)\right) .
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2. Conversely, if $\Gamma$ is a curve, then

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Hence, for curves 「, we have

$$
\mathscr{H}^{1}(\Gamma) \sim \operatorname{diam} \Gamma+\sum_{\substack{Q \text { dyadic } \\ Q \Gamma \neq \emptyset}} \beta_{\Gamma}(3 Q)^{2} \ell(Q) .
$$

## Applications of the TST

Theorem (Bishop, Jones, '90)
Harmonic measure on $\Omega \subseteq \mathbb{C}$ simply connected is absolutely continuous w.r.t. arclength on $\partial \Omega \cap \Gamma, \Gamma$ any rectifiable curve.

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Let $\Gamma \subseteq \mathbb{R}^{2}$ be a curve s.t. $\beta_{\Gamma}(Q)>\varepsilon$ whenever $Q$ is centered on $\Gamma$ then $\operatorname{dim} \Gamma>1+c \varepsilon^{2}$.

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Theorem (A., Schul, '12)
There is $C>0$ so that if $\Gamma \subseteq \mathbb{R}^{n}$ is a connected set, there is $\tilde{\Gamma} \supseteq \Gamma$ C-quasiconvex so that $\mathscr{H}^{1}(\tilde{\Gamma}) \lesssim_{n} \mathscr{H}^{1}(\Gamma)$.


## Applications of the TST: $\ell^{2}$-flatness

Corollary (Bishop, Jones '90)
If $\Gamma$ is a compact connected set, it is 1-rectifiable if and only if

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\sum_{\substack{x \in Q \\ Q \in \text { dyadic }}} \beta_{\Gamma}(3 Q)^{2}<\infty \text { for } \mathscr{H}^{1} \text {-a.e. } x \in \Gamma .
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- However, this isn't enough to imply rectifiability.
- The corollary tells us that the flatness must be decaying fast enough to characterize rectifiability.
- It also gives us more information for rectifiable sets: Not only does $\beta_{\Gamma}(3 Q) \downarrow 0$, but at a square summable rate!

Higher dimensional $\beta$ 's are not adequate for TST

If $E \subseteq \mathbb{R}^{n}, d \leq n$, and we define

$$
\beta_{E, \infty}^{d}(Q)=\inf \left\{\sup _{x \in \in \cap Q} \frac{\operatorname{dist}(x, P)}{\ell(Q)}: P \text { is a d-plane }\right\}
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then the first direction of the TST holds for $d=2$ (Pajot, '96) and for $d>2$ under some assumptions (David-Toro, '12), but not the other.

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Theorem (Jones, Fang)
There is a 3-dimensional Lipschitz graph $\Gamma$ in $[0,1]^{4}$ so that

$$
\sum_{\substack{Q \subset\left[0,11^{4} \\ Q \cap \neq \emptyset\right.}} \beta_{\Gamma, \infty}^{3}(3 Q)^{2} \ell(Q)^{3}=\infty .
$$

Thus, in generalizing either the TST or the Bishop-Jones corollary, we need a new $\beta$-number.

## Dorronsoro's theorem, '85

Let $f \in W^{1,2}\left(\mathbb{R}^{d}\right)$ and define (recall $\left.f_{B} f d \mu=\frac{1}{\mu(B)} \int_{B} f d \mu\right)$

$$
\alpha(x, r)=\inf \left\{\left(f_{B(x, r)}\left(\frac{f(y)-A(y)}{r}\right)^{2} d y\right)^{\frac{1}{2}}: A \text { is linear }\right\}
$$

Then

$$
\|\nabla f\|_{2}^{2} \sim \int_{\mathbb{R}^{d}} \int_{0}^{\infty} \alpha(x, r)^{2} \frac{d r}{r} d x .
$$



## TST for graphs

For $S, E \subseteq \mathbb{R}^{n}$, define

$$
\beta_{E, 2}^{d}(S)=\inf _{P \text { adplpane }}\left(\frac{1}{(\operatorname{diam} S)^{d}} \int_{S \cap E}\left(\frac{\operatorname{dist}(y, P)}{\operatorname{diam} S}\right)^{2} d \mathscr{H}^{d}(y)\right)^{1 / 2}
$$

Theorem (Dorronsoro)
Let $f: \mathbb{R}^{d} \rightarrow \mathbb{R}^{n-d}$ be L-Lipschitz (L very small) and $\Gamma \subseteq \mathbb{R}^{n}$ be its graph.
Then

$$
\int_{\Gamma} \int_{0}^{\infty} \beta_{\Gamma, 2}^{d}(B(x, r))^{2} \frac{d r}{r} d \mathscr{H}^{d}(x) \sim_{L}\|\nabla f\|_{2}^{2}
$$

or equivalently,

$$
\sum_{Q \cap \neq \emptyset} \beta_{\Gamma, 2}^{d}(3 Q)^{2} \ell(Q)^{d} \sim_{L}\|\nabla f\|_{2}^{2} .
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For $E \subseteq \mathbb{R}^{n}$ and $S$ a cube or ball, define

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\begin{aligned}
\|\nabla f\|_{2}^{2} & =\int_{B(0, R)}|\nabla f|^{2} \sim \int_{B(0, R)}\left(\sqrt{1+|\nabla f|^{2}}-1\right) \\
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Hence,

$$
\mathscr{H}^{d}(\Gamma) \sim\|\nabla f\|_{2}^{2}+w_{d} R^{d} \sim \int_{\Gamma} \int_{0}^{\infty} \beta_{\Gamma, 2}^{d}(B(x, r))^{2} \frac{d r}{r} d \mathscr{H}^{d}(x)+(\operatorname{diam} \Gamma)^{d} .
$$

## David-Semmes Theorem

Theorem
Let $E \subseteq \mathbb{R}^{n}$ be Ahlfors d-regular, meaning

$$
\mathscr{H}^{d}(B(x, r) \cap E) \sim r^{d} \quad \text { for all } x \in E, \quad r>0 .
$$

Then the following are equivalent:

1. $d \sigma:=\beta_{E, 2}^{d}(B(x, r))^{2} d x \frac{d r}{r}$ is a Carleson measure, meaning $\sigma(B(x, r) \times(0, r)) \leq C r^{d}$ for all $x \in E$ and $r>0$.

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2. $E$ is uniformly rectifiable: there is $L>0$ so that for every $x \in E$ and $r>0$, there is $f: A \subseteq \mathbb{R}^{d} \rightarrow \mathbb{R}^{n}$ L-Lipschitz so that $f(A) \subseteq E \cap B(x, r)$ and $\mathscr{H}^{d}(f(A)) \geq L^{-1} r^{d}$.

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This is like the TST in the sense that it gives a condition for when a big piece of $E$ is contained in a Lipschitz surface, rather than all of it.

## How far we can get with $\beta_{E, 2}^{d}$

Theorem
Let $E \subseteq \mathbb{R}^{n}$ have $0<\mathscr{H}^{d}(E)<\infty$. Then $E$ is $d$-rectifiable if (Tolsa, '15) and only if (A., Tolsa, '15) $\int_{0}^{1} \beta_{E, 2}^{2}(B(x, r))^{2} \frac{d r}{r}<\infty$.

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Theorem (Edelen, Naber, Valtorta, '16)
If $\mu$ is Radon on $\mathbb{R}^{n}, \theta_{*}^{d}(\mu, x) \leq b$ and $\int_{0}^{1} \beta_{\mu, 2}^{d}(B(x, r))^{2} \frac{d r}{r} \leq M$ for $\mu$-a.e.
$x \in B(0,1)$, then $\mu(B(x, r)) \lesssim(b+M) r^{d}$ for $x \in B(0,1), r>0$.

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$x \in B(0,1)$, then $\mu(B(x, r)) \lesssim(b+M) r^{d}$ for $x \in B(0,1), r>0$.
There are also other $\beta$-numbers defined for measures and results that characterize the 1 -rectifiable structure of the measure (Badger and Schul,'16).

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3. we can bound a square sum of $\beta$ numbers in terms of $\mathscr{H}^{d}(E)$,
4. we can't use $\beta_{\infty}$.

## A new $\beta$-number

Recall that

$$
\begin{aligned}
& \beta_{E, 2}^{d}(S)^{2}=\inf _{P \mathrm{idaplane}} \frac{1}{(\operatorname{diam} S)^{d}} \int_{S \cap E}\left(\frac{\operatorname{dist}(y, P)}{\operatorname{diam} S}\right)^{2} d \mathscr{H}^{d}(y) \\
& \quad=\inf _{P \text { adplane }} \frac{1}{(\operatorname{diam} S)^{d}} \int_{0}^{\infty} \mathscr{H}^{d}\left(\left\{x \in S \cap E:\left(\frac{\operatorname{dist}(y, P)}{\operatorname{diam} S}\right)^{2}>t\right\}\right) d t .
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\end{aligned}
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## A TST for "nice" surfaces

Theorem (A., Schul)
Let $E \subseteq \mathbb{R}^{n}$ be so that for all $x \in E$ and $r \in(0, \operatorname{diam} E)$,

$$
\mathscr{H}_{\infty}^{d}(E \cap B(x, r)) \geq c r^{d}
$$

Then

$$
\mathscr{H}^{d}(E) \lesssim(\operatorname{diam} E)^{d}+\sum_{Q \cap E \neq \emptyset} \hat{\beta}_{E, 2}^{d}(3 Q)^{2} \ell(Q)^{d} .
$$

Moreover, for "nice" surfaces,

$$
(\operatorname{diam} E)^{d}+\sum_{Q \cap E \neq \emptyset} \hat{\beta}_{E, 2}^{d}(3 Q)^{2} \ell(Q)^{d} \lesssim \mathscr{H}^{d}(E) .
$$

## Nice surfaces

$\epsilon$-Reifenberg flat sets: Let $\delta>0, E \subseteq \mathbb{R}^{n}$ be so that, for all $x \in E$ and $0<r<\delta \operatorname{diam} E$, there is a $d$-plane $P_{x, r}$ so that

$$
\underset{\text { Haus }}{\operatorname{dist}}\left(E \cap B(x, r), P_{x, r} \cap B(x, r)\right) \leq \epsilon r
$$

For these kinds of sets, we have

$$
(\operatorname{diam} E)^{d}+\sum_{Q \cap E \neq \emptyset} \hat{\beta}_{E, 2}^{d}(3 Q)^{2} \ell(Q)^{d} \sim_{\delta} \mathscr{H}^{d}(E)
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$$

Proof: Let $\mathscr{D}_{k}$ denote Christ cubes on $E$ of sidelength $k$. Let $\mathscr{D}=\bigcup \mathscr{D}_{k}$, and for $Q \in \mathscr{D}$, let $B_{Q}$ be a large ball around $Q$.

If $Q_{0} \in \mathscr{D}_{0}$ and $\varepsilon>0$ small enough, we'll show

$$
\sum_{R \subseteq Q_{0}} \beta_{E}\left(B_{Q}\right)^{2} \ell(R)^{d} \lesssim \mathscr{H}^{d}(E)
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## Sketch of proof for Reifenberg flat sets

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- For each $R \in \operatorname{Stop}(N)$, make a stopping-time region $S_{R}$ by putting $R \in S_{R}$ and adding cubes $Q$ to $S_{R}$ if $Q$ 's parent is in $S_{R}$ and if $\angle\left(P_{Q}, P_{R}\right)<\alpha$. Again, remove a cube to smoothen out minimal cubes, then let

$$
\operatorname{Stop}(N+1)=\bigcup_{R \in \operatorname{Stop}(N)} \text { minimal cubes in } S_{R} \text {. }
$$

$\operatorname{Total}(N+1)=$ cubes not contained in any cube from $\operatorname{Stop}(N+1)$.

- We can use David-Toro to construct a surface $E_{N}$ so that

$$
\operatorname{dist}\left(x, E_{N}\right) \lesssim \inf _{x \in Q \in \operatorname{Total}(N)} \epsilon \ell(Q) \text { for all } x \in E
$$

and $E_{N}$ is a $C \varepsilon$-Lip graph near $Q$ (i.e. in $B_{Q}$ ) over $P_{Q}$.

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and $E_{N}$ is a $C \varepsilon$-Lip graph near $Q$ (i.e. in $B_{Q}$ ) over $P_{Q}$.

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$$
\left|D A_{Q}^{N}\right| \gtrsim \alpha \chi_{\pi_{P_{Q}}(R)} \text { when } R \in \operatorname{Stop}(N+1) \text {. }
$$



## Sketch of proof for Reifenberg flat sets

Lemma

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Then for $\varepsilon \ll \alpha$,

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R \subseteq Q}} \ell(R)^{d} & \lesssim \int_{P_{Q}} \chi_{\pi_{P_{Q}}(R)} \lesssim \alpha^{-2} \int_{P_{Q}}\left|D A_{Q}^{N}\right|^{2} \\
& \sim \alpha^{-2}\left(\mathscr{H}^{d}\left(\Gamma_{Q}^{N}\right)-\left|B_{Q} \cap P_{Q}\right|\right)<\frac{C \varepsilon}{\alpha^{2}} \ell(Q)^{d} \ll \ell(Q)^{d}
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$$

- If $Z(Q) \subseteq Q$ are points not contained in a cube from $\operatorname{Stop}(N+1)$,

$$
\sum_{N} \sum_{Q \in \operatorname{Type}(1, N)} \ell(Q)^{d} \lesssim \sum_{N} \sum_{Q \in \operatorname{Type}(1, N)} \mathscr{H}^{d}(Z(Q)) \leq \mathscr{H}^{d}(E)
$$

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- Say $Q \in \operatorname{Type}(2, N)$ if $Q \in \operatorname{Stop}(N)$ and

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\mathscr{H}^{d}\left(F_{N}\left(B_{Q} \cap E_{N}\right)\right)-\mathscr{H}^{d}\left(E_{N} \cap B_{Q}\right)>\varepsilon \ell(Q)^{d} .
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$$

Then

$$
\begin{aligned}
\sum_{Q \in \operatorname{Type}(2, N)} \ell(Q)^{d} & \lesssim_{\varepsilon} \sum_{Q \in \operatorname{Type}(2, N)}\left(\mathscr{H}^{d}\left(F_{N}\left(B_{Q} \cap E_{N}\right)\right)-\mathscr{H}^{d}\left(E_{N} \cap B_{Q}\right)\right) \\
& =\sum_{Q \in \operatorname{Type}(2, N)} \int_{B_{Q} \cap E_{N}}\left(J_{F_{N}}-1\right) \lesssim \int_{E_{N}}\left(J_{F_{N}}-1\right) \\
& =\mathscr{H}^{d}\left(E_{N+1}\right)-\mathscr{H}^{d}\left(E_{N}\right)
\end{aligned}
$$

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Then

$$
\sum_{Q \in \operatorname{Type}(2, N)} \ell(Q)^{d} \lesssim \varepsilon \sum_{Q \in \operatorname{Type}(2, N)}\left(\mathscr{H}^{d}\left(F_{N}\left(B_{Q} \cap E_{N}\right)\right)-\mathscr{H}^{d}\left(E_{N} \cap B_{Q}\right)\right)
$$

$$
\begin{aligned}
\text { Maybe } J_{F_{N}}-1<0! & =\sum_{Q \in \operatorname{Type}(2, N)} \int_{B_{Q} \cap E_{N}}\left(J_{F_{N}}-1\right) \lesssim \int_{E_{N}}\left(J_{F_{N}}-1\right) \\
& =\mathscr{H}^{d}\left(E_{N+1}\right)-\mathscr{H}^{d}\left(E_{N}\right)+\operatorname{Error}(N)
\end{aligned}
$$

## Sketch of proof for Reifenberg flat sets

- Use Dorronsoro to show

$$
\sum_{R \in \mathcal{S}_{Q}} \beta_{\Gamma_{Q}^{N}}(3 R)^{2} \ell(R)^{d} \lesssim \ell(Q)^{d} \text { whenever } Q \in \operatorname{Stop}(N) .
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$$

- These approximate

$$
\begin{aligned}
\sum_{R \in \subseteq Q_{0}} \beta_{E}(3 R)^{2} \ell(R)^{d} & =\sum_{N} \sum_{Q \in \text { Stop }(N)} \sum_{R \in S_{Q}} \beta_{E}(3 R)^{2} \ell(R)^{d} \\
& \lesssim \sum_{N} \sum_{Q \in \operatorname{Stop}(N)} \sum_{R \in S_{Q}} \beta_{\Gamma_{Q}}(3 R)^{2} \ell(R)^{d}+\text { Error } \\
& \lesssim \sum_{N} \sum_{Q \in \operatorname{Stop}(N)} \ell(Q)^{d}+\text { Error } \\
& \lesssim \mathscr{H}^{d}(E) .
\end{aligned}
$$

## Future Work

1. Most quantitative rectifiability results are for Ahlfors regular sets, but maybe we don't need this.
2. What other kinds of sets are "nice"?

## Thanks!

## 고맙습니다!

## Och grattis på födelsedagen!

