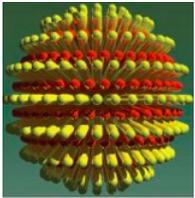


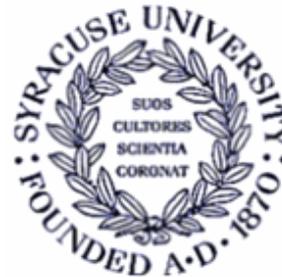
Lecture 1: cells and tissues as active contractile matter

M. Cristina Marchetti

Physics, Department, Syracuse University



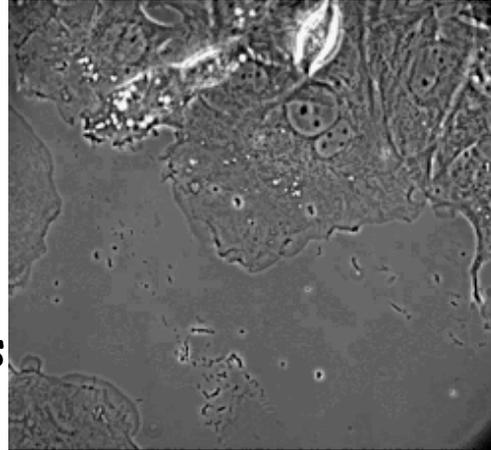
**Soft Matter
Program @SU**



GIST, Korea, July 2014

Crawling Cells as Active Matter

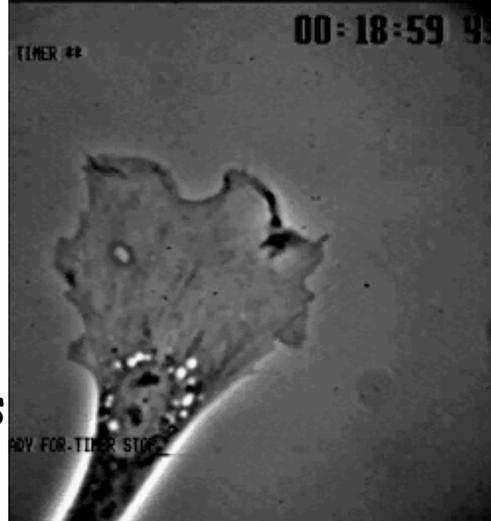
mouse
fibroblasts
(3h)



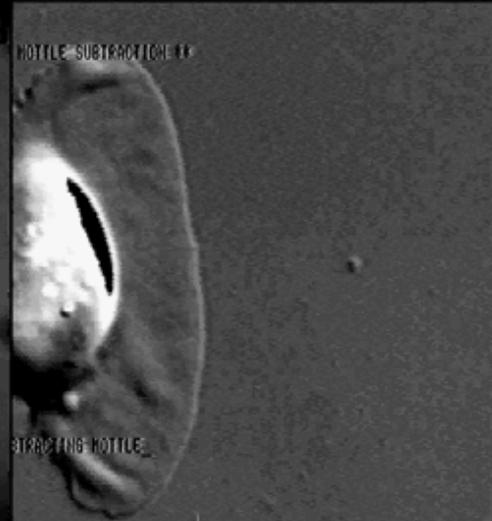
mouse
melanoma
(20min)



chick
fibroblasts
(2h)



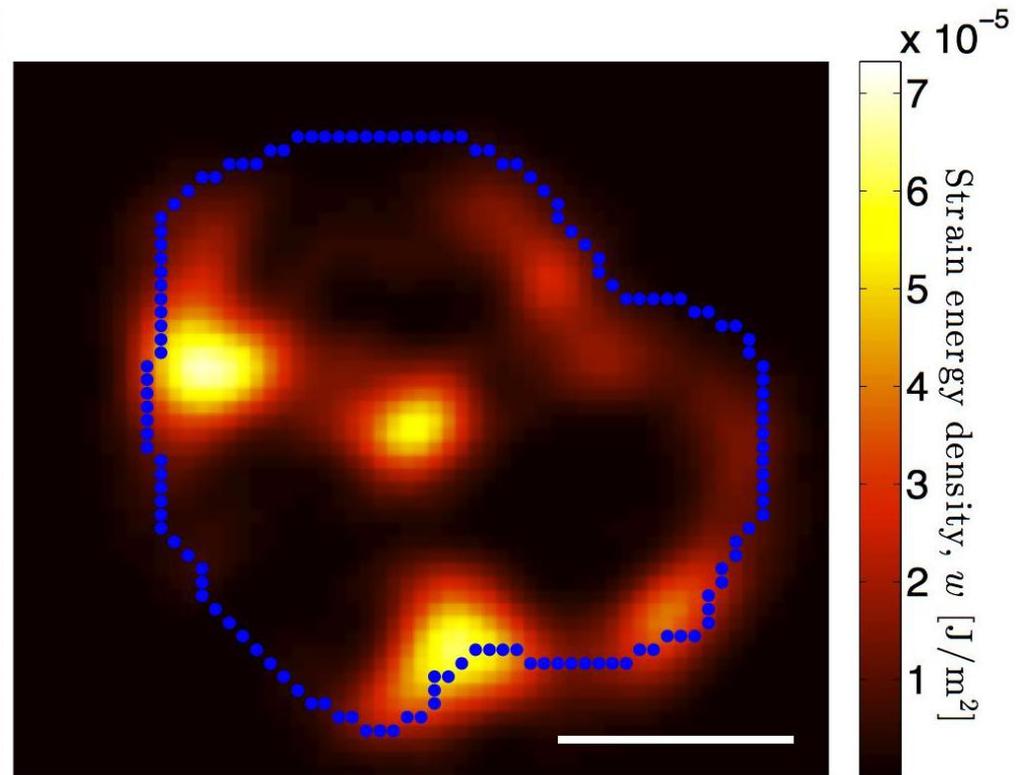
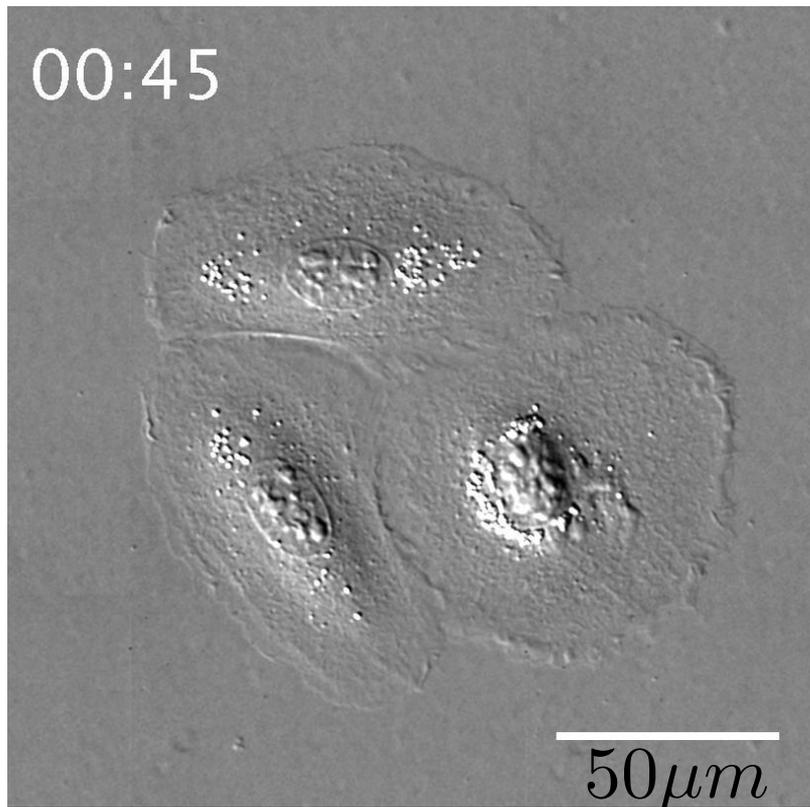
trout
keratocyte
(4min)
 $v=15\mu\text{m}/\text{min}$



V. Small, IMBA, Vienna.

Adherent Cells as Active Matter

Cells actively generate forces & transmit them to the environment



Mouse keratinocytes, A.F. Mertz et al., **PNAS 2013**

Outline

- ❑ Introduction: mechanical properties & topology of the environment affect cell behavior: shape, spreading, motility, interactions, ...
- ❑ Continuum model of cells as active, contractile elastic media (\neq active liquids \rightarrow Sriram Ramaswamy)
- ❑ Polarized cells
- ❑ From cells to tissues: emergence of mechanical properties of tissues from cell-cell and cell-substrate interactions
- ❑ Collective cell migration

Some references

Review:

- U. Schwarz & S. Safran, RMP **85**, 1327 (2013).

Our work:

- S. Banerjee & MCM, EPL **96**, 28003 (2011); PRL **109**, 108101 (2012).
- A. Mertz et al, PRL **108**, 198101 (2012); PNAS **110**, 842 (2013).
- P. Oakes et al, Biophys. J. (2014) to appear.
- S. Banerjee, R. Sknepnek & MCM, Soft Matter **10**, 2424 (2014).

Theory



Shiladitya Banerjee
Syracuse → Chicago



Rastko Sknepnek
Syracuse
→ Dundee,UK



Kazage Utuje
Syracuse

Experiments



Eric Dufresne
Yale



Aaron Mertz
Yale
→ Rockefeller



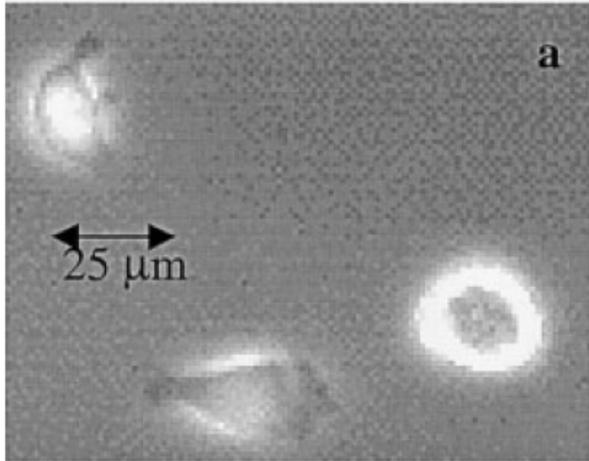
Margaret
Gardel
Chicago



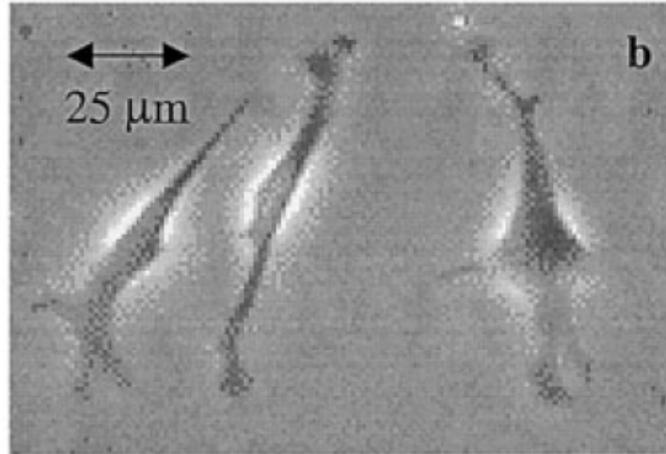
Patrick Oakes
Chicago

Substrate stiffness affects cell shape

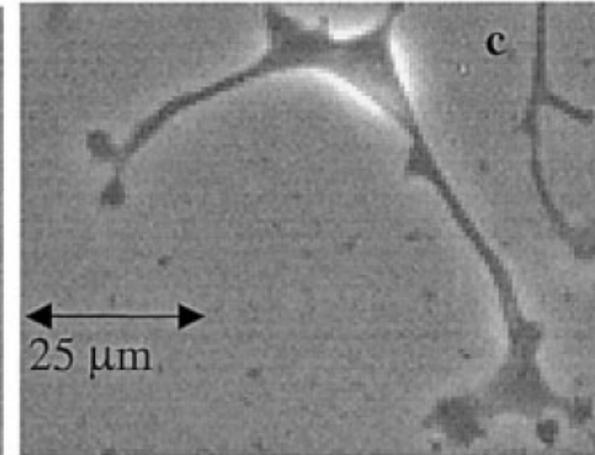
180 Pa



2900 Pa



28,600 Pa

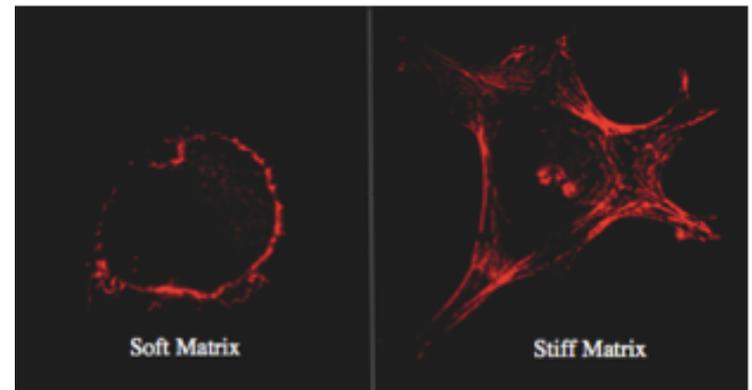


Soft substrates: small, round cells

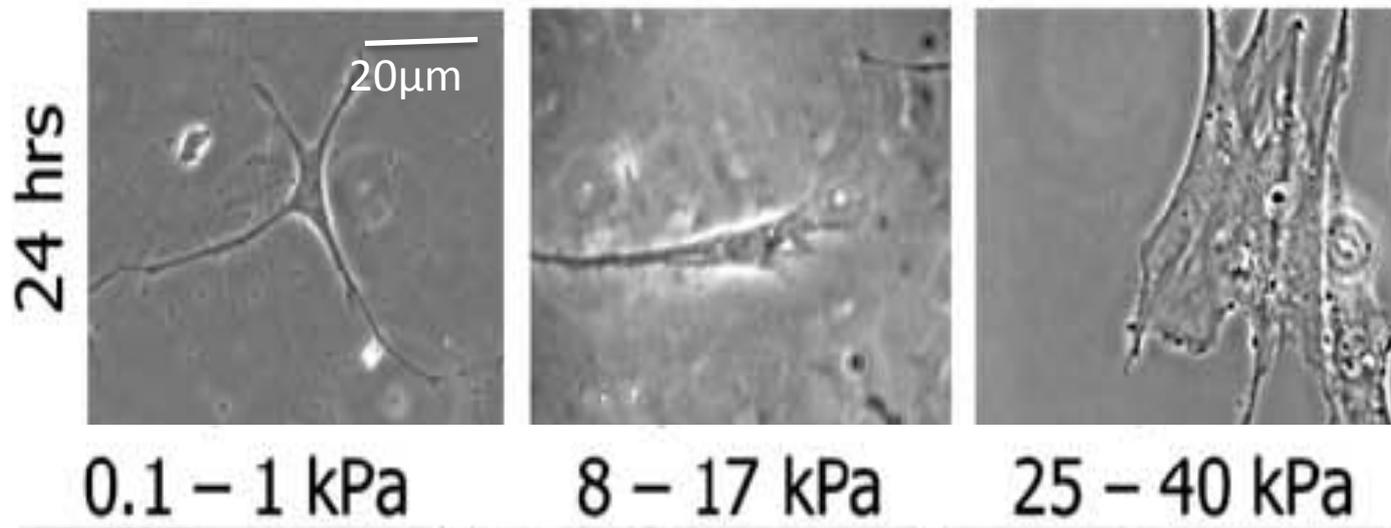
Hard substrates: spread, branched cell shapes

Janmey's Lab (Upenn) : endothelial cells on polyacrylamide gels
(Yeung et al, Cell Mot. & Cytoskeleton, 2006)

Cell spreading accompanied by the appearance of stress fibers → cell polarization.
Pelham & Young PNAS 1997



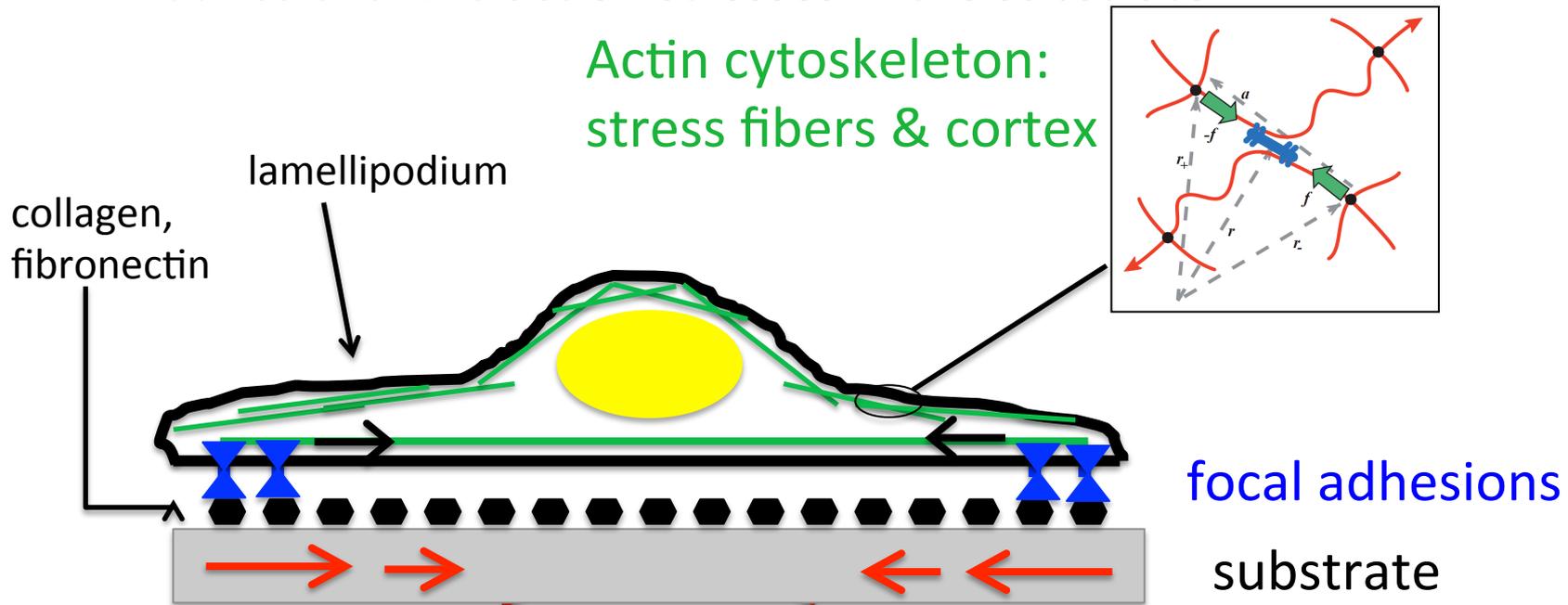
Substrate stiffness may affect cell differentiation



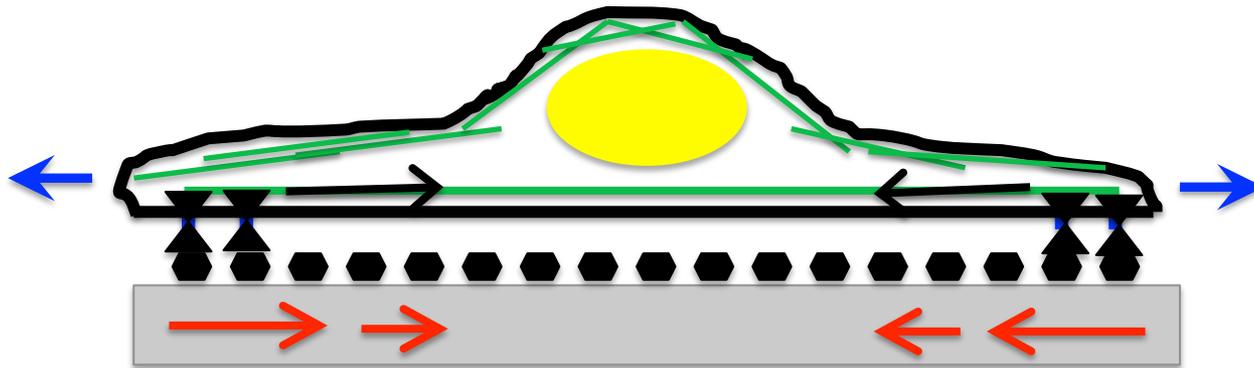
Discher Lab (Upenn): mesenchymal stem cells
(Engler et al, Cell 2006)

Cell adhesion: relevant cellular machinery

- Contractile forces are generated by myosins in the **actin network**
- Actin polymerization** in the lamellipodium
- Forces are transmitted to the extracellular matrix (ECM) via **focal adhesions** → **traction stresses in the substrate**



Forces in adherent cells



- Inward pull by myosin contraction
- Outward push on lamellipodium by actin polymerization

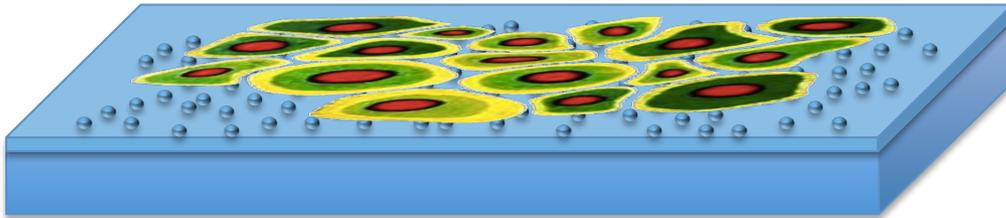


In a stationary cell net traction pattern on substrate is a **contractile force dipole**

Measuring Traction Stresses

Traction Force Microscopy (TFM)

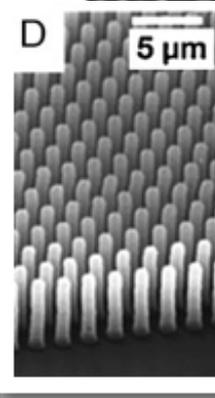
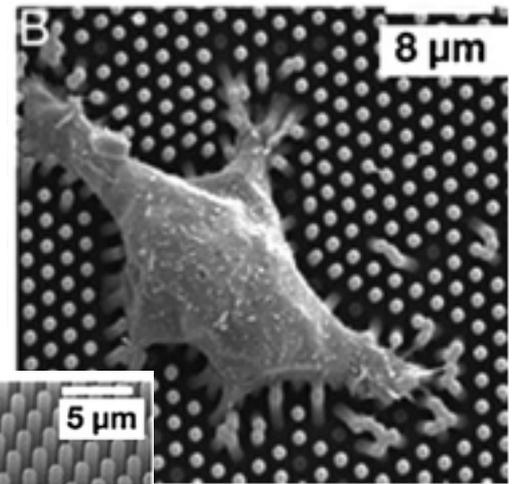
Polystyrene beads, $r \sim 100$ nm



Traction stresses inferred with linear elasticity
from displacements of embedded beads

(Dembo & Wang, 1999)

Microfabricated Pillar Arrays

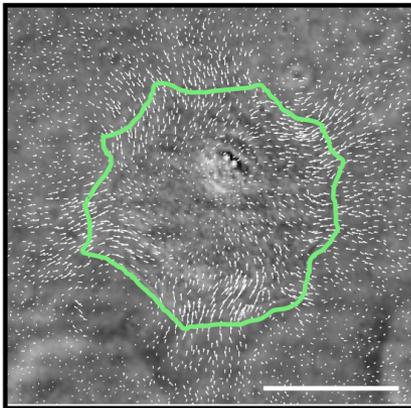


Forces inferred
from micropillars
bend assuming
linear elasticity

(Tan et al, 2003)

Inferring traction stresses from FTM

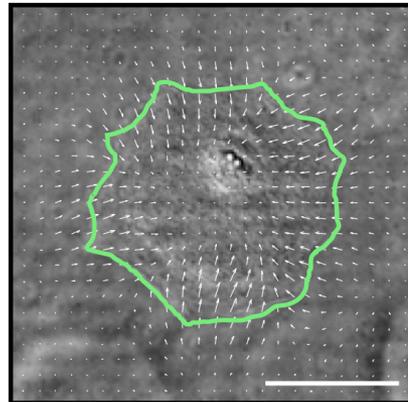
Measure substrate deformation



Substrate displacement field

$$\mathbf{u}_s$$

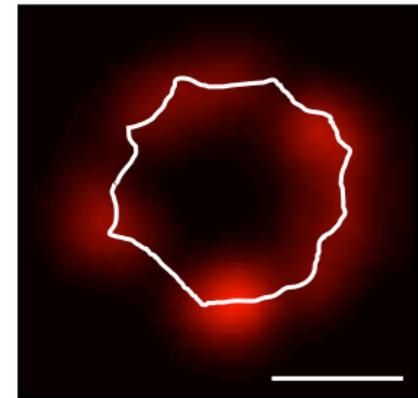
Infer traction stresses



Traction stress

$$\mathbf{T} = \mathbf{G}_{elastic}^{-1} * \mathbf{u}_s$$

Energy spent by cell to deform the substrate



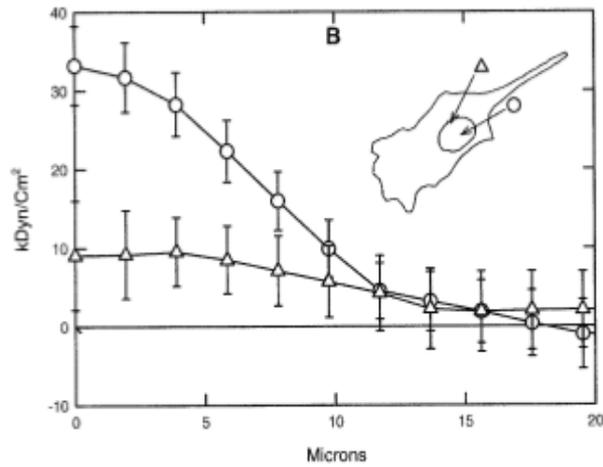
Strain energy

$$W = \frac{1}{2} \int dA \mathbf{T}(\mathbf{r}) \cdot \mathbf{u}_s(\mathbf{r})$$

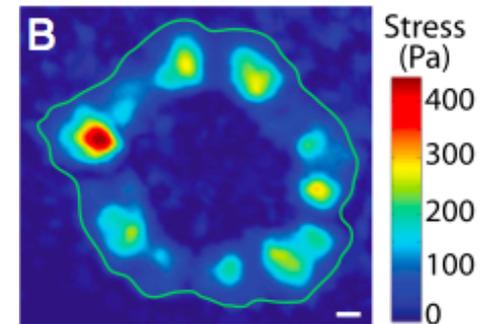
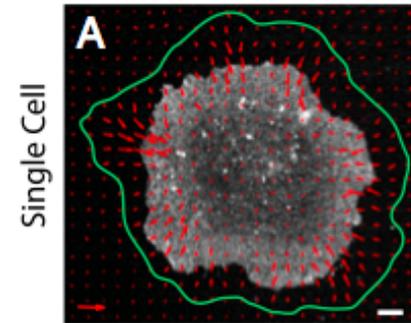
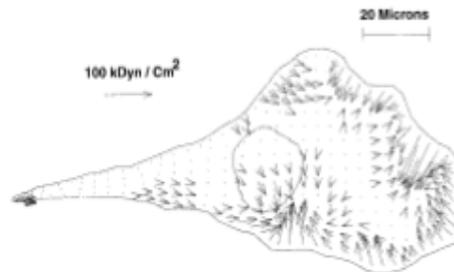
Stationary keratinocytes

Mertz, Banerjee et al, PRL, 2012

Traction stresses are localized at the cell edge



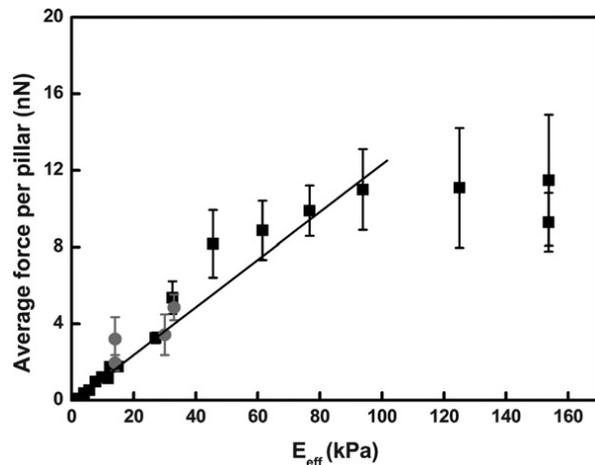
Fibroblast: Dembo & Wang Biophys J 76, 2307 (1999).



MDCLK cell: Maruthamuthu et al PNAS 2011

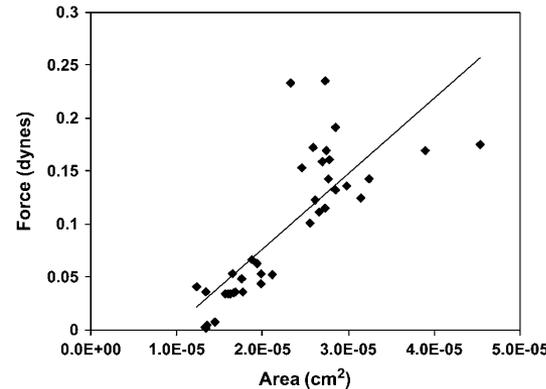
What controls and regulates force generation by adherent cells?

Force increases and saturates with substrate stiffness



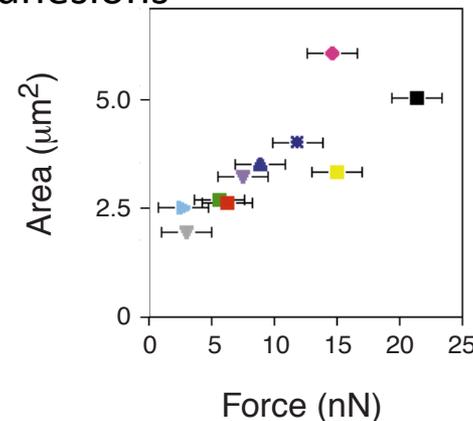
M. Ghibaudo *et al*, *Soft Matter* 2008.

Force increases with cell area



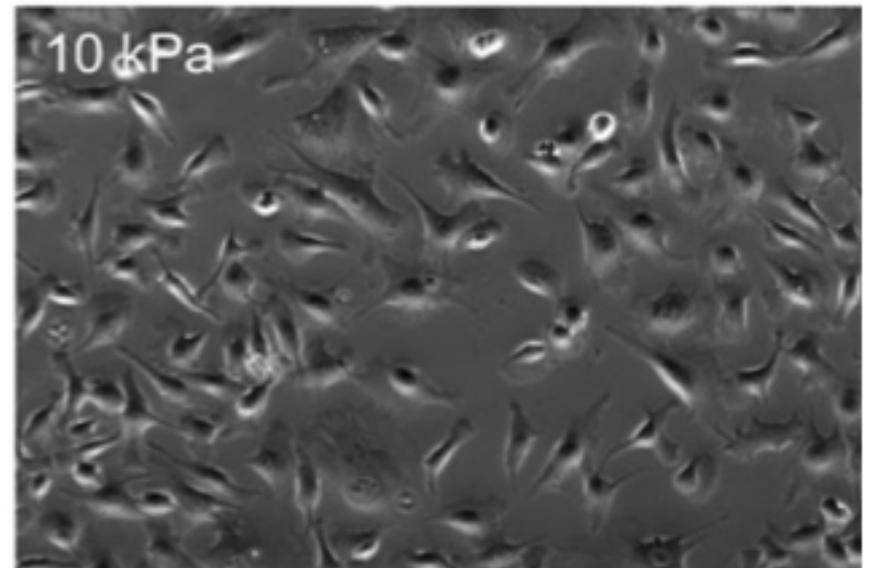
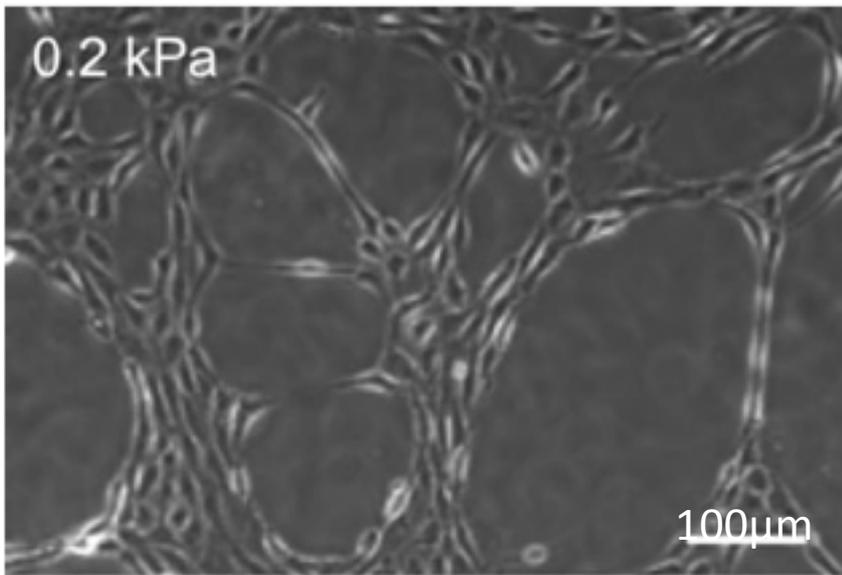
Reinhart-King *et al*,
Biophys J. 2005.

Force increases with area of focal adhesions



Balaban *et al*, *Nat. Cell. Bio.* 2001

Substrate stiffness affects cell organization and cell network assembly



Reinhart-King Lab (Cornell): endothelial cells on polyacrylamide
Califano et al, *Cell.Mol. Bioeng.* 1:122 (2008)

Mechanical interaction of cells with environment affects many cell functions:

- motion
- shape
- growth
- differentiation

Individual cells:

- Which cellular components control force generation and regulation?
- Which properties of ECM affect force generation?

Collective cell behavior:

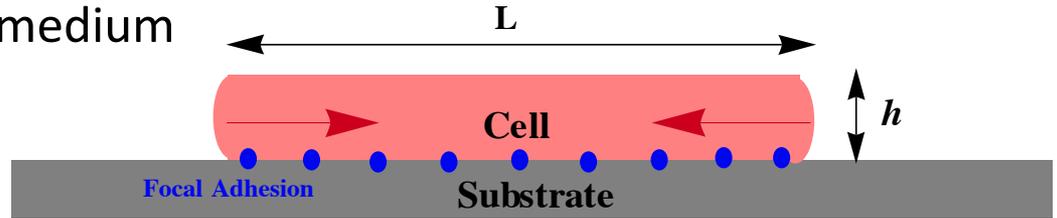
- How do the mechanical interactions among cells and of cells with the environment affect cell organization?
- How do the mechanical properties of tissues emerge from the interplay of cell-cell and cell-medium interactions?

Modeling adherent cells as contractile
active elastic media

Contractile “cell” on stiff substrate

S. Banerjee & MCM EPL 2011; Edwards & Schwarz, PRL 2011

- cell as an elastic isotropic **active** medium
- $h \ll L$
- thin substrate
- only in plane stresses



$\sigma_{\alpha\beta}$ stress tensor of cellular material: α -th component of force on a unit area normal to β direction

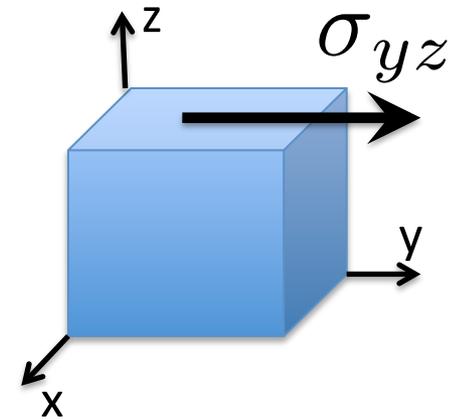
Force balance: $\partial_{\beta}\sigma_{\alpha\beta} = 0$ ($\alpha, \beta \in x, y, z$)

$$\sigma_{\alpha\beta} = \sigma_{\alpha\beta}^{el} + \sigma_{\alpha\beta}^a$$

$$\sigma_{\alpha\beta}^{el} = B u_{\gamma\gamma} \delta_{\alpha\beta} + 2\mu \left(u_{\alpha\beta} - \frac{1}{3} \delta_{\alpha\beta} \right)$$

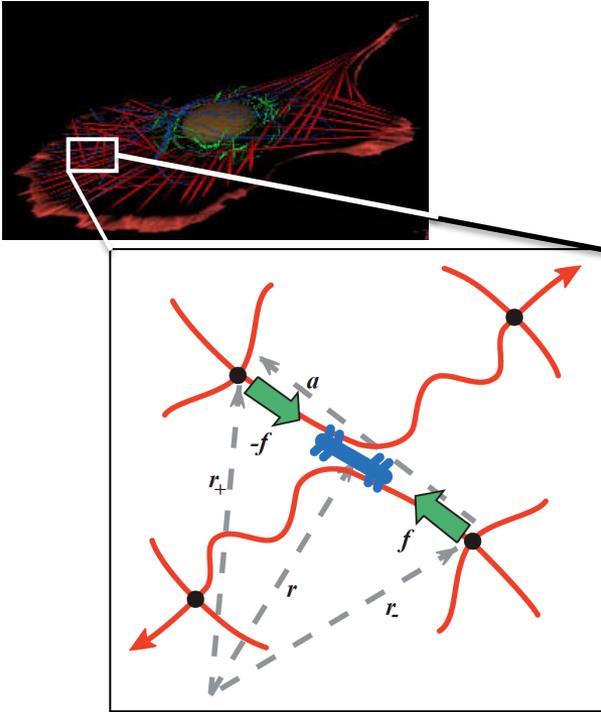
B compressional modulus

μ shear modulus



active stress

Active stress



Myosin clusters exert contractile force dipoles on the surrounding medium resulting in active stresses

Force balance: $\partial_\beta \sigma_{\alpha\beta}^{el} = -F_\alpha^{active}$

$$\vec{F}^{active} = \left\langle \sum_{\text{active units } n} \left[-f \hat{v}_n \delta(\vec{r} - \vec{R}_n - \frac{L}{2} \hat{v}_n) + f \hat{v}_n \delta(\vec{r} - \vec{R}_n + \frac{L}{2} \hat{v}_n) \right] \right\rangle$$

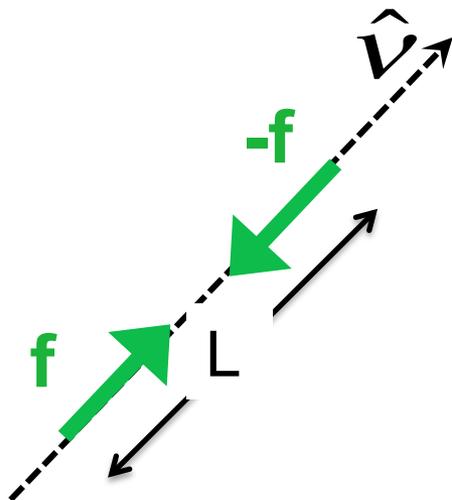
$$\approx \vec{\nabla} \cdot \left[fL \left\langle \sum_n \hat{v}_n \hat{v}_n \delta(\vec{r} - \vec{R}_n) \right\rangle + \dots \right]$$

$$\approx fL \vec{\nabla} \cdot \left[\frac{1}{d} \rho_m \mathbf{1} + \mathbf{p}\mathbf{p} \right] \equiv \vec{\nabla} \cdot \vec{\sigma}^{active}$$

$$\sigma_{\alpha\beta}^{active} = \sigma_a \delta_{\alpha\beta} + \alpha P_\alpha P_\beta$$

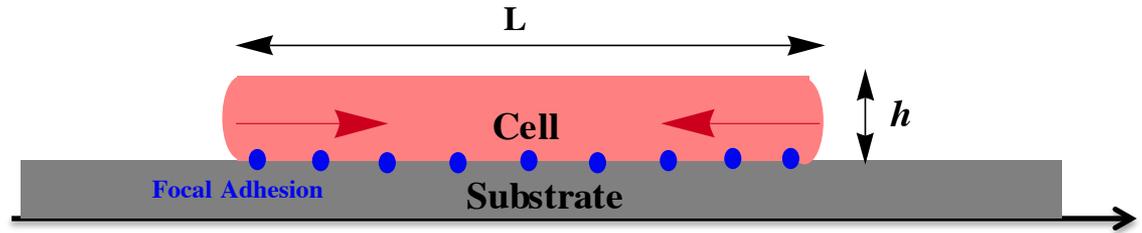
contractile
"pressure" $\sigma_a > 0$

active stress
coupled to cell
polarization



Effective 2D model

Average over cell thickness h



$$\int_0^h dz [\partial_j \sigma_{ij} + \partial_z \sigma_{iz}] = 0 \quad i, j = x, y$$

$$h \partial_j \bar{\sigma}_{ij} + \sigma_{iz}(h) - \sigma_{ij}(0) = 0 \quad \bar{\sigma}_{ij}(\mathbf{r}) = \int_0^h \frac{dz}{h} \sigma_{ij}(\mathbf{r}, z)$$

$$\sigma_{iz}(h) = 0$$

$$\sigma_{iz}(0) = T_i$$

Traction by cell on substrate

$$h \partial_j \bar{\sigma}_{ij} = T_i$$

$$[\sigma_{ij} n_j]_{\partial cell} = 0$$

One-dimensional “cell” on stiff substrate

S. Banerjee & MCM EPL 2011; Edwards & Schwarz, PRL 2011

- cell as an elastic isotropic **active** medium
- $h \ll L$, thin substrate

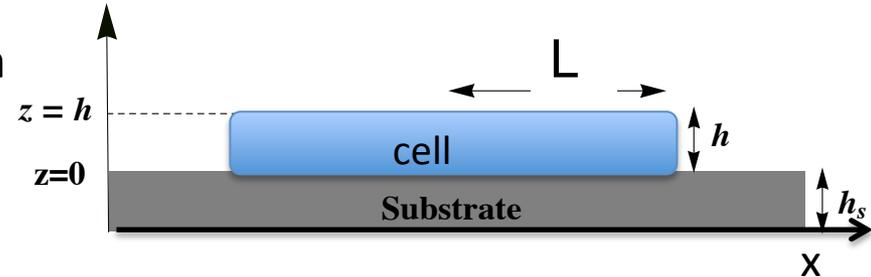
$$\text{Force balance} \rightarrow \partial_x \sigma_{xx} + \partial_z \sigma_{xz} = 0$$

$$\sigma(x) = \frac{1}{h} \int_0^h dz \sigma_{xx}(x, z), \quad \sigma = B \partial_x u + \sigma_a$$

$$h \partial_x \sigma + \sigma_{xz}(h) - \sigma_{xz}(0) = 0$$

$$\sigma = \ell_p^2 \frac{d^2 \sigma}{dx^2} + \sigma_a$$

$\ell_p = \sqrt{\frac{hB}{Y}}$ penetration length:
controls spatial variations
of substrate-induced
deformations



$$\sigma_{xz}(x, z=L) = 0$$

$$\sigma_{xz}(x, z=0) = Y u_x(x, z=0) = T(x)$$

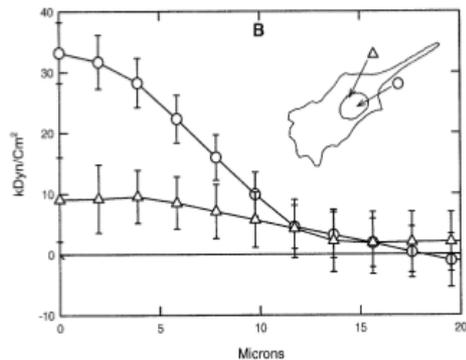
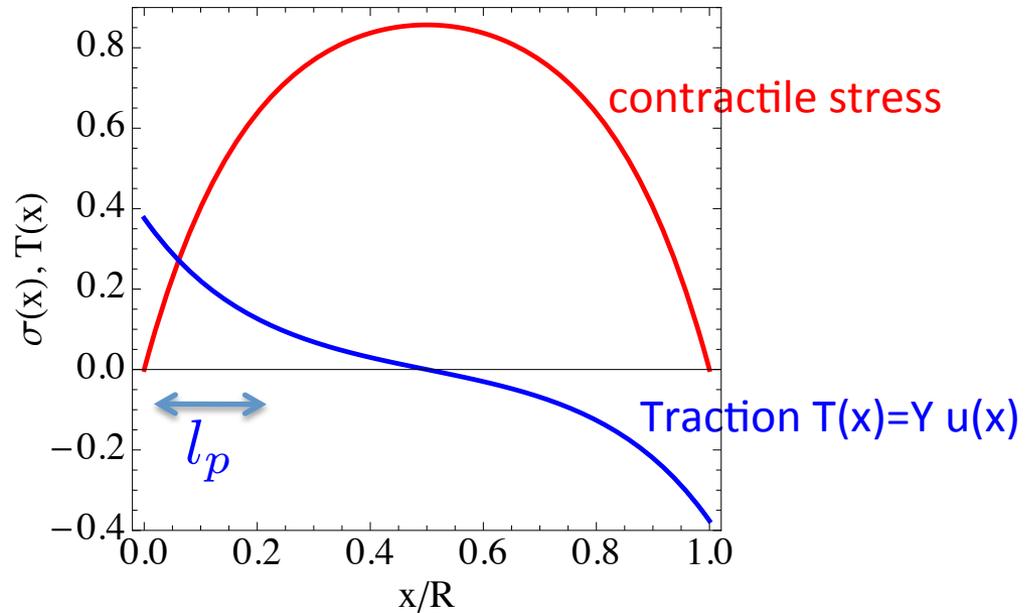
substrate “rigidity”
controlled by substrate stiffness & thickness,
density and nature of adhesion complexes, ...

$$\frac{1}{Y} = \frac{1}{\rho_a k_a} + \frac{1}{\mu_s / h_s}$$

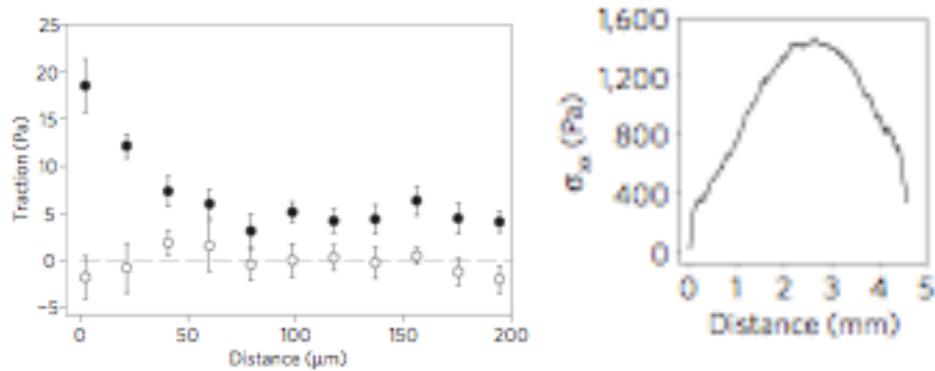
$$\sigma = \ell_p^2 \frac{d^2\sigma}{dx^2} + \sigma_a$$

$$\ell_p = \sqrt{\frac{Bh}{Y}}$$

Penetration length:
spatial variation of
traction and cellular stress

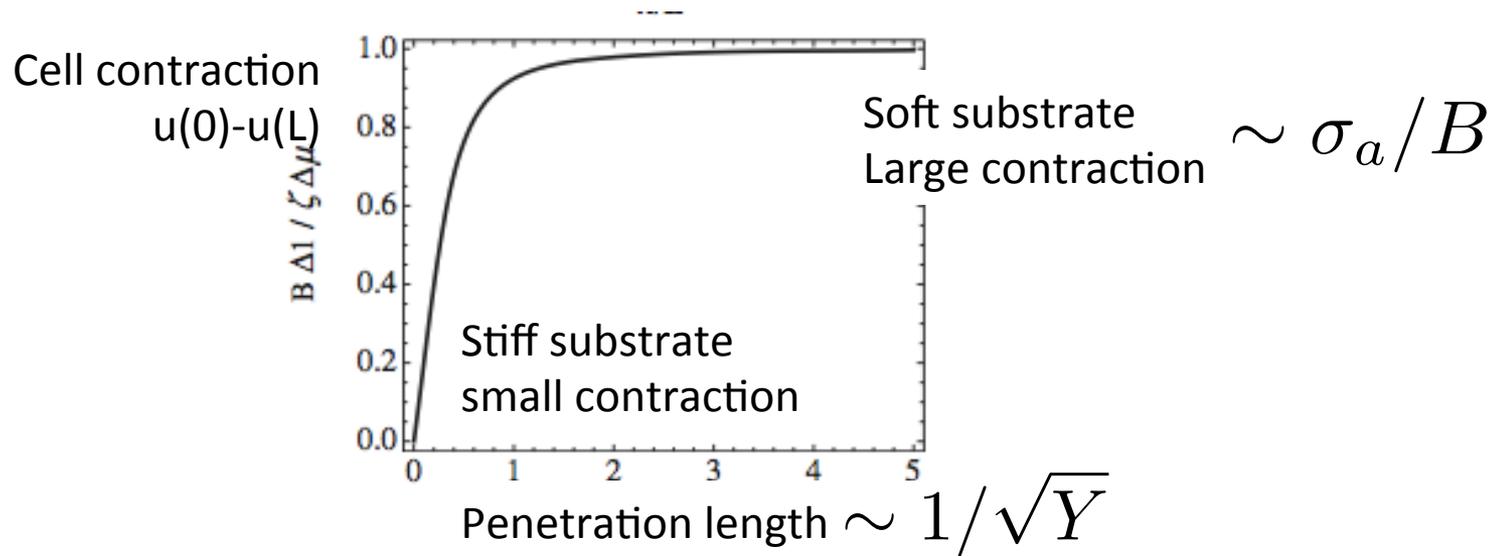


Single fibroblast
Dembo and Wang, Biophys. J. 1999.



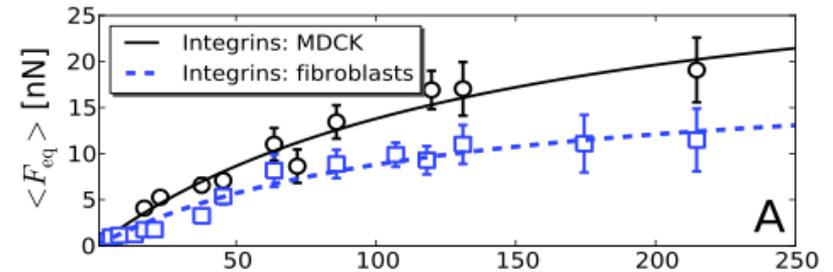
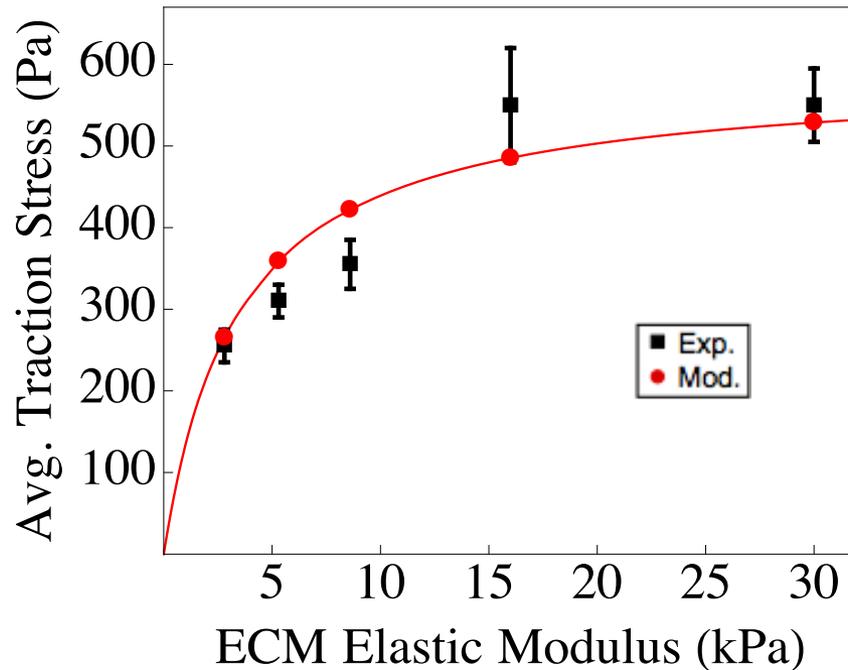
Trepap et al, Nat. Phys. 2009. migrating cell
colony

Cell contraction largest on soft substrate



Total traction force
increases with substrate stiffness

$$\langle |T| \rangle = \int \frac{d\mathbf{r}}{A} |\mathbf{T}(\mathbf{r})|$$



Marcq, Yoshinaga & Prost,
Biophys. J. 2011: average traction
force/pillar

Oakes et al, Biophys. J. 2014, fibroblasts
on patterned substrates

Some estimates

cell modulus $B \sim 10kPa$

cell size $L \sim 10\mu m$

cell thickness $h \sim 1\mu m$

$$\ell_p \sim 0.1L \rightarrow Y = \frac{Bh}{\ell_p^2} \sim 10kPa/\mu m$$

Traction force at
saturation $\sim \sigma_a hL$

$$\sigma_a \sim 4 - 10kPa$$

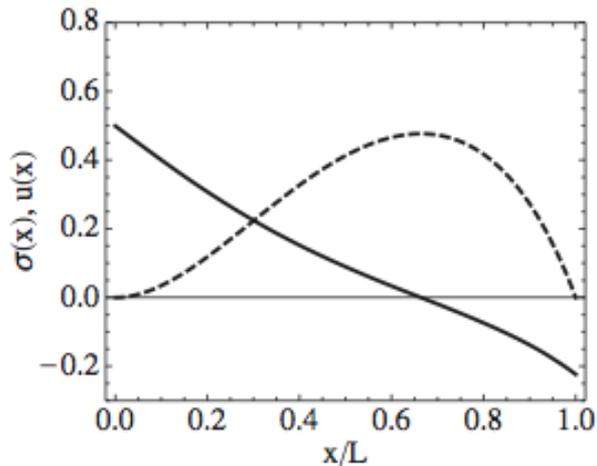
Homework

Find cellular stress and traction profile for a cell on a substrate of varying stiffness:

$$\partial_x \sigma = Y(x)u$$

$$\sigma = B\partial_x u + \sigma_a$$

$$Y(x) = Y_0 x/L$$



Cells are known to migrate towards stiffer regions → durotaxis

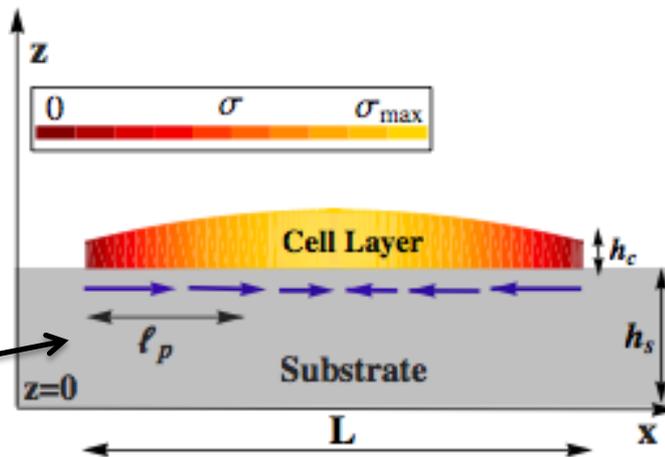
Can this model suggest a possible mechanism that drives durotaxis?

Effect of substrate thickness on force transmission

$$\ell_a^2 \partial_x^2 \sigma + \sigma_a = \sigma - \ell_s^2 \partial_x^2 \int_0^L dx' G(x-x') \sigma(x')$$

nonlocal
substrate
elasticity

A cell of lateral extent L "feels"
a thickness L of the substrate



$$\ell_p \simeq \sqrt{B_c h_c \left(\frac{1}{Y_a} + \frac{h_{eff}}{E_s} \right)}$$

$$h_{eff} \sim \left(\frac{1}{L} + \frac{1}{h_s} \right)^{-1}$$

$$h_{eff} \sim h_s \quad L \gg h_s$$

$$h_{eff} \sim L \quad L \ll h_s$$

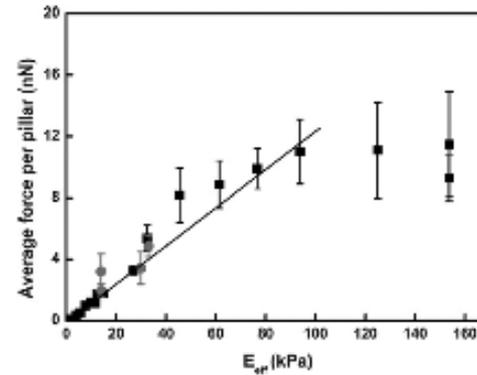
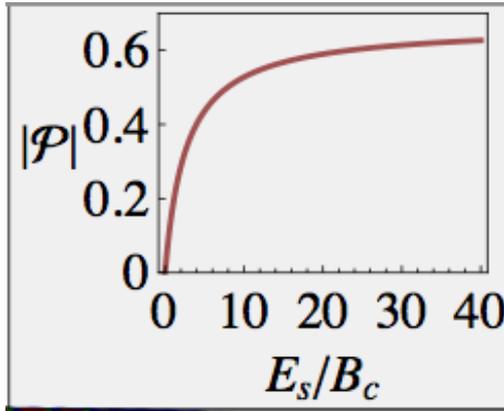
nonlocal elastic response

$$E_s \sim 0.01 - 100 \text{ kPa} \rightarrow \ell_p \sim 0.35 - 35 \mu\text{m}$$

$$(h_s \gg L \sim 100 \mu\text{m})$$

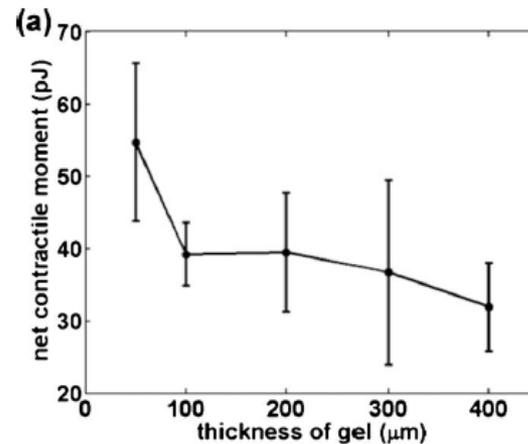
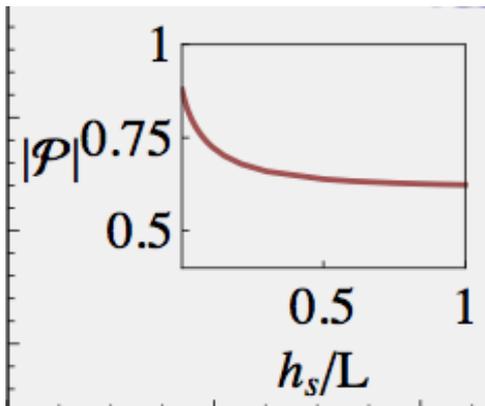
Effect of substrate stiffness E_s and thickness h_s

- Traction increases with stiffness and saturates



Ghibaudo et al.
Soft Matter, 2008
MDCK cells

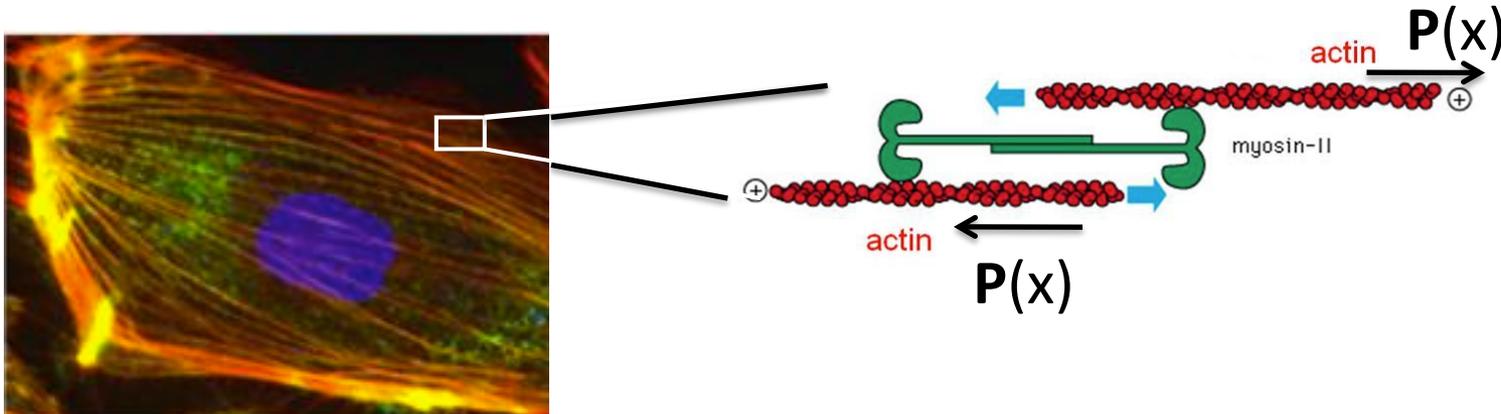
- Traction decreases with increasing thickness



Lin et al. PRE 2010
fibroblasts

Cell Polarization

A variety of ATP-driven processes (treadmilling, myosin-driven contractility) can yield the build-up of cell polarization (e.g., stress fibers)



Cell polarization is described by a vector field $\mathbf{P}(x)$ that couples to **active stresses** and passive elastic stresses in the cytoskeleton.

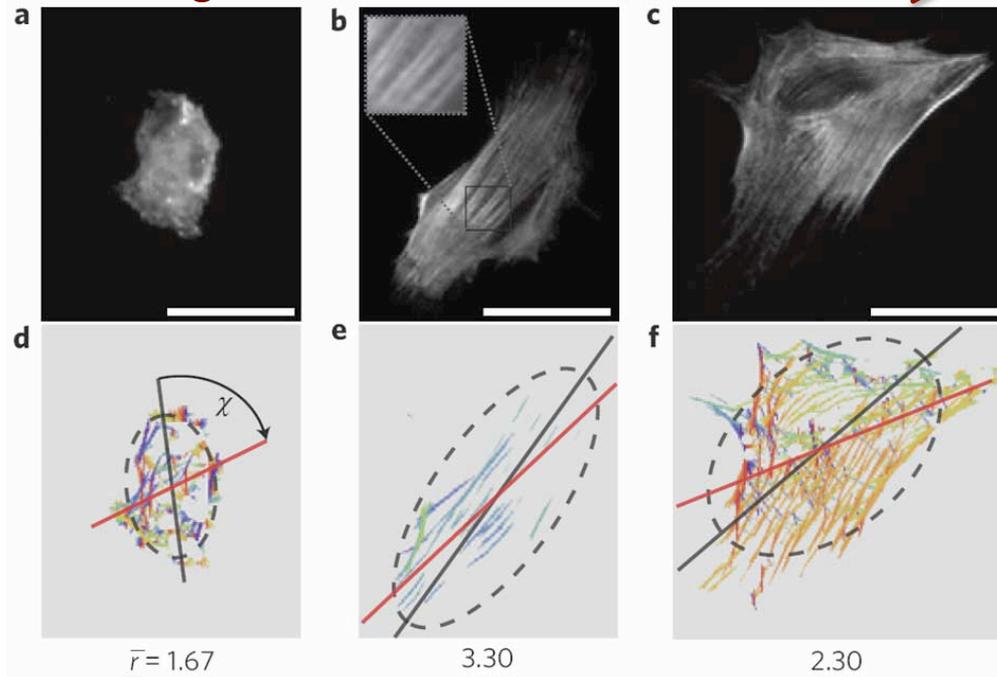
Optimal matrix rigidity for stress-fibre polarization in stem cells

A. Zemel, F. Rehfeldt, A. E. X. Brown, D. E. Discher & S. A. Safran

nature
physics

Nature Physics 6, 468–473 (2010)

Substrate Young modulus E 



$E=1\text{kPa}$

$E=11\text{kPa}$

$E=34\text{kPa}$

Model of cell as a polarizable inclusion in a passive elastic medium supports experiments

Continuum model of polarized cell

displacement $\mathbf{u}(\mathbf{r})$

$$u_{ij} = \frac{1}{2} (\partial_i u_j + \partial_j u_i)$$

polarization $\mathbf{P}(\mathbf{r})$

$$F = \int_{\mathbf{x}} \frac{B}{2} (\nabla \cdot \mathbf{u})^2 + \mu u_{ij} u_{ij} + \frac{a}{2} \mathbf{P}^2 + \frac{b}{4} \mathbf{P}^4 + \frac{K}{2} (\partial_i P_j)^2 + w \partial_i P_j u_{ij} + \sigma_{ij}^a u_{ij}$$

$$h \partial_j \sigma_{ij} = Y u_i$$

$$\partial_t \mathbf{P} + \beta (\mathbf{P} \cdot \nabla) \mathbf{P} = \Gamma \mathbf{h}$$

$$\sigma_{ij} = \frac{\delta F}{\delta u_{ij}}$$

$$\mathbf{h} = -\frac{\delta F}{\delta \mathbf{P}}$$

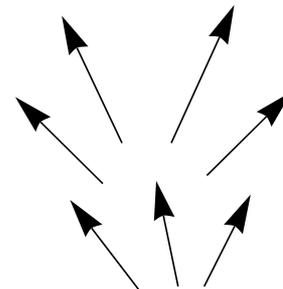
Active stress $\sigma_{ij}^a = \sigma_a \delta_{ij} + \alpha P_i P_j$

Polarization – Strain Coupling : $w(\partial_i P_j)u_{ij}$

$$w > 0$$

$$\nabla \cdot \mathbf{u} < 0 \quad (\text{Contractile})$$

\Rightarrow

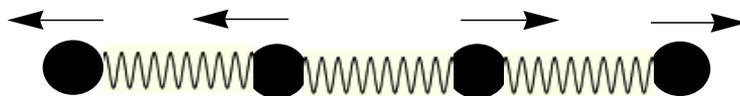


$$\nabla \cdot \mathbf{P} > 0$$

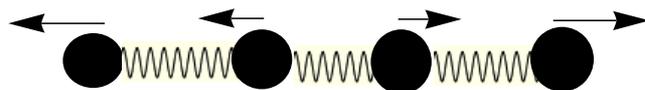
Positive Splay

Effective 1D Picture

$$b > 0$$



Isotropic

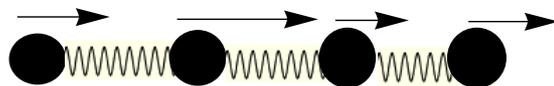


$$\langle \delta p \rangle = 0$$

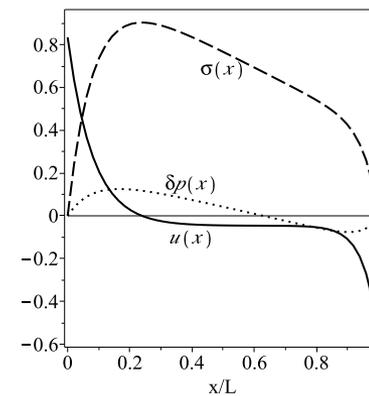
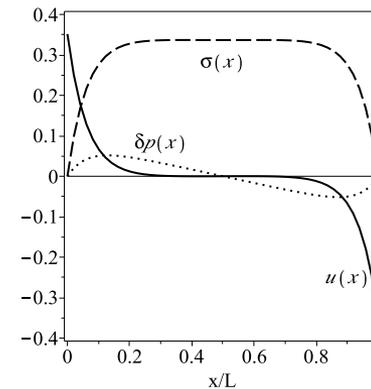
$$b < 0$$



Polarized



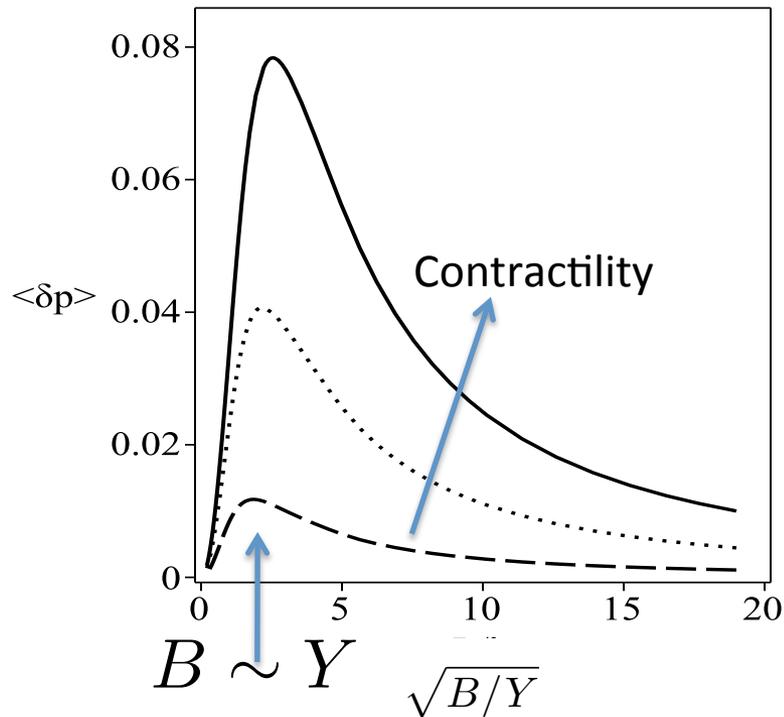
$$\langle \delta p \rangle \neq 0$$



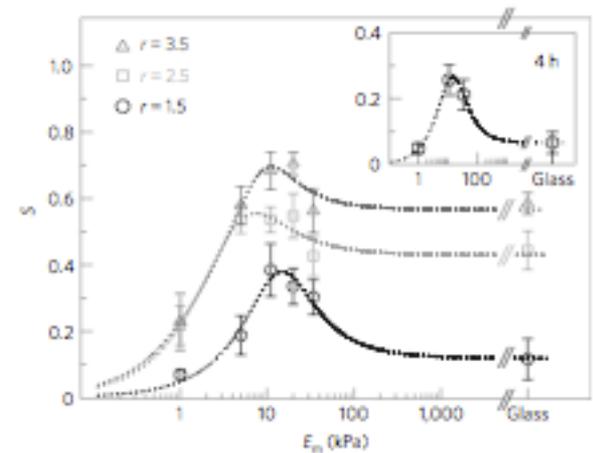
Thin Film of Polarized Cell

P_0 polarization before adhesion

$$\delta \bar{P} = \int_0^L \frac{dx}{L} [P(x) - P_0] \quad \text{excess polarization after adhesion}$$



δP non-monotonic function of substrate compliance.

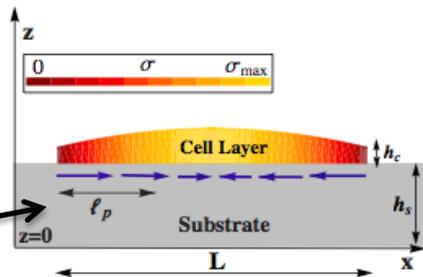


A. Zemel et al, Nat. Phys. 2010

Maximal polarization is induced when elastic modulus of the cell layer is comparable to that of the compliant environment - $B \sim Y$

Interim Summary

- ❑ Cell modeled as continuum contractile elastic medium
- ❑ Minimal model yields several experimentally relevant results:
 - Built-up of contractile stresses at cell center
 - Localization of traction stresses at cell edges
 - Total traction stress increases with substrate stiffness
 - Optimal substrate rigidity for maximum polarization
 - Thick substrate: include nonlocal elasticity \rightarrow traction penetration length in terms of substrate and cell parameters

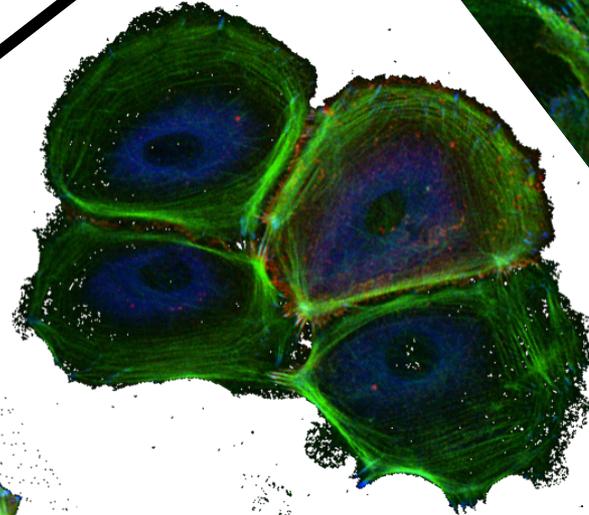
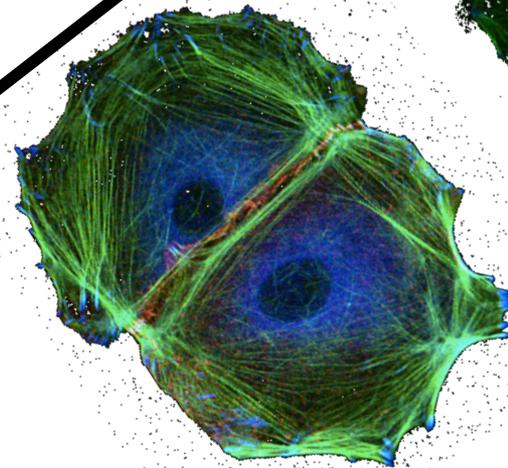
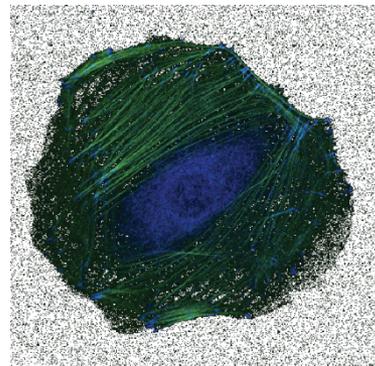


\rightarrow cell colonies

nonlocal elastic
response

Banerjee & MCM, PRL 2012

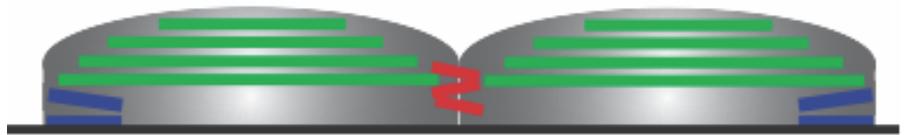
How do collective mechanical properties of tissues emerge from cell-cell and cell-ECM interactions?



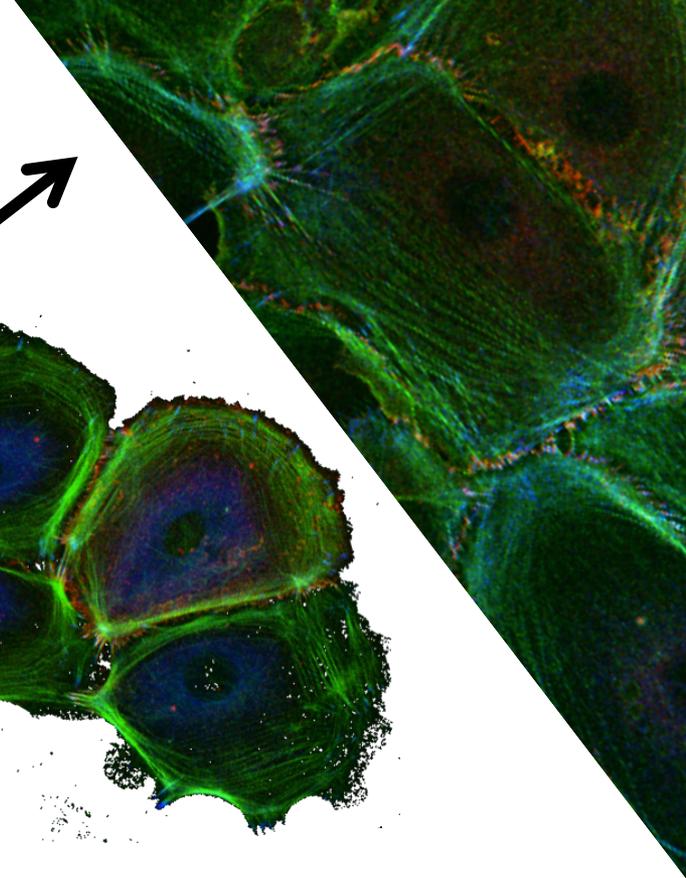
Intercellular
adhesion:
E-cadherin

Cytoskeleton:
F-actin

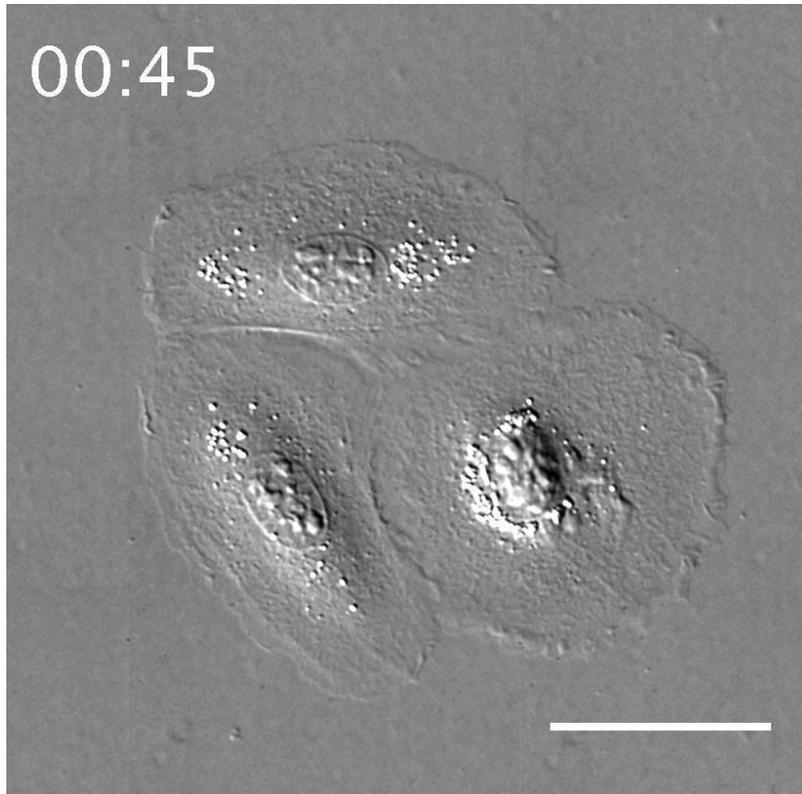
Focal
Adhesions



Substrate (ECM)

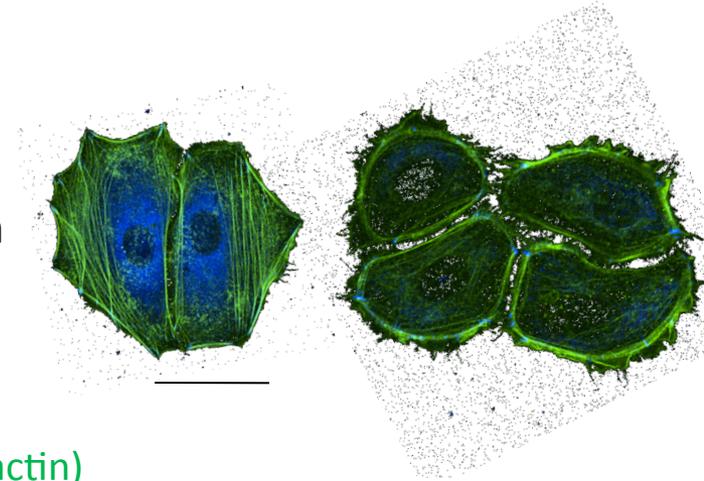


Calcium promotes formation of intercellular adhesions



Calcium alters morphology and cohesiveness of colonies

Low calcium



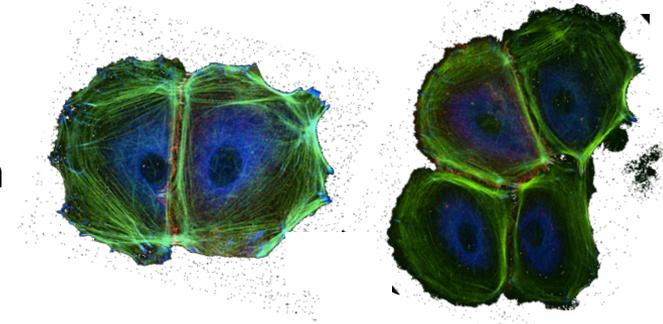
Phalloidin (F-actin)

E-cadherin

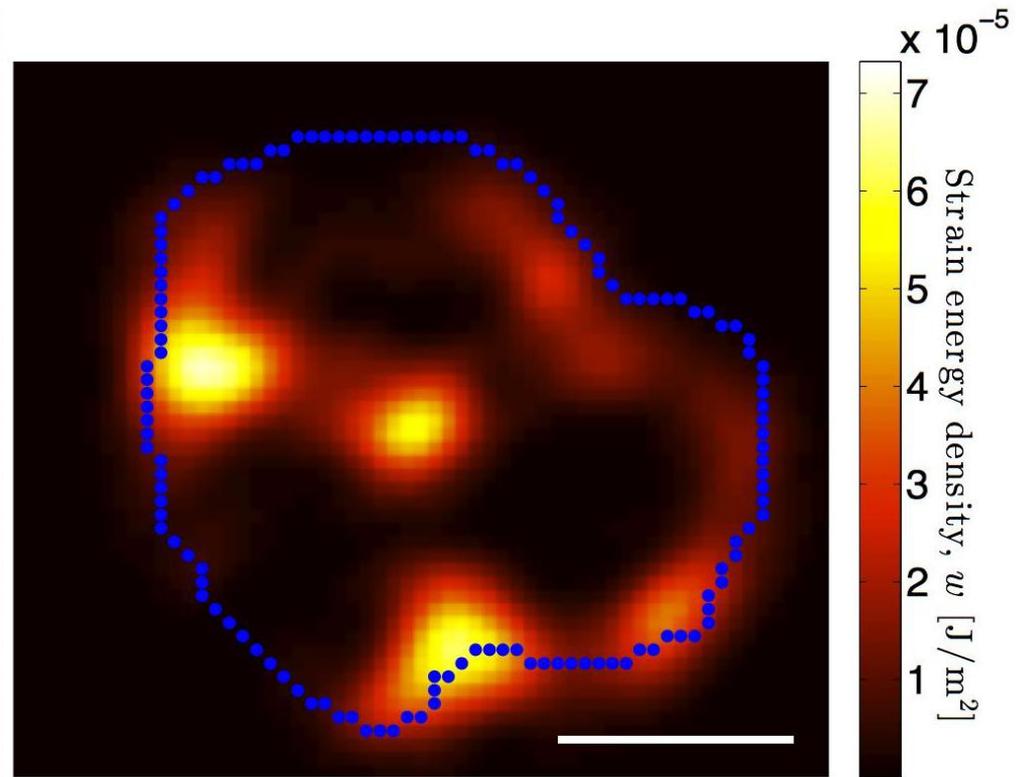
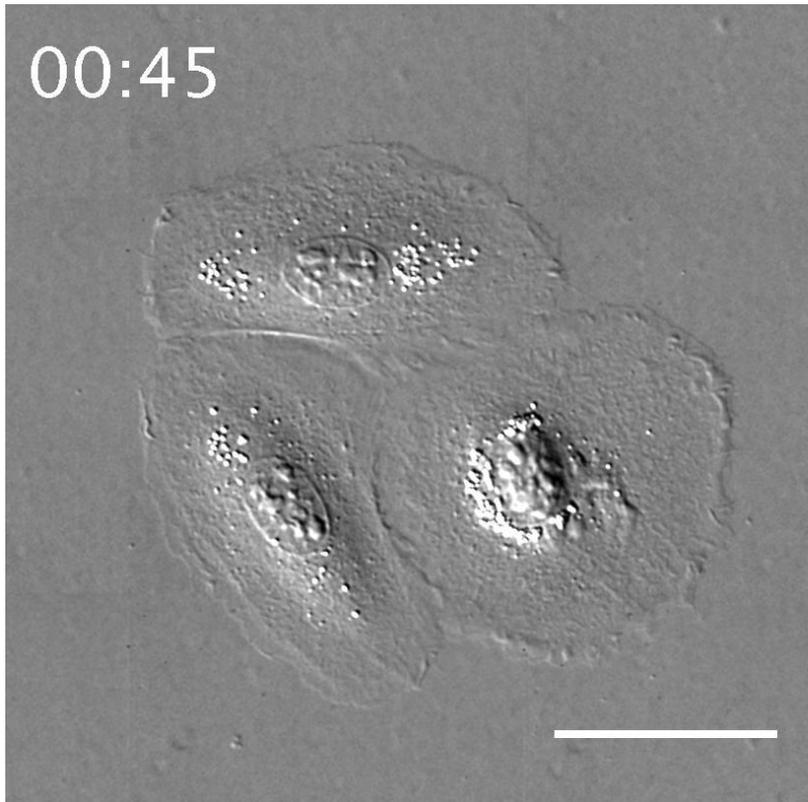
Zyxin

Scale bars 50 μ m

High calcium



Intercellular adhesions organize Cell-Matrix Traction Forces

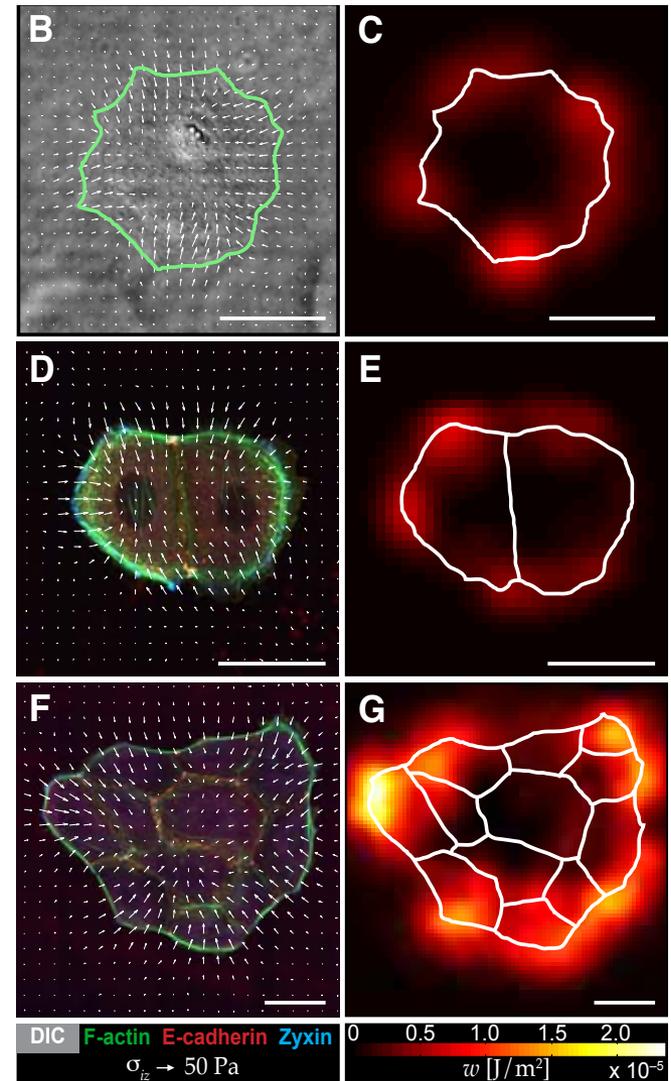
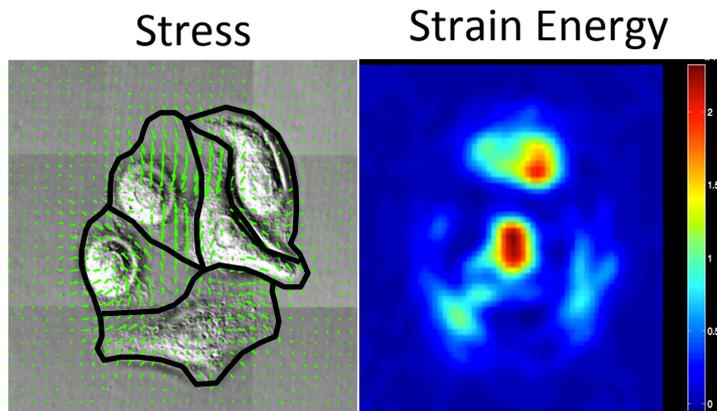


Strain Energy and Traction Localization in Keratinocyte colonies

Mertz, Banerjee, Y. Che, G. German, Y. Xu, C. Hyland, MCM, V. Horseley & ER Dufresne, **PRL 2012**

Traction (B,D,F) and strain energies (C,E,G), for single cells (B,C), cell pair (D,E) and 12-cell colony (F,G).

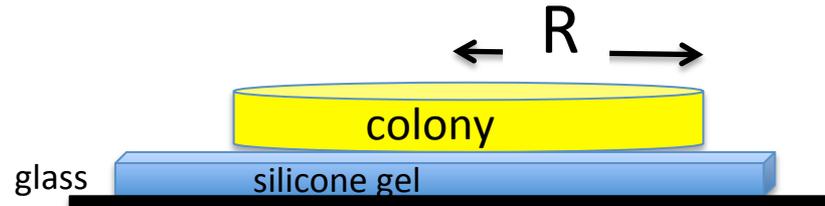
Low-calcium wildtype



Scale bars 50 μm

Contractile pancake model for adherent cell colonies

- Colony as contractile elastic continuum
- Assume in-plane rotational symmetry.



$$\partial_j \sigma_{ij} = 0 \rightarrow \frac{h}{r} \left[\partial_r (r \bar{\sigma}_{rr}) - \bar{\sigma}_{\theta\theta} \right] = \underbrace{Y u_r}_{T_r(r)} (z = 0)$$

$$\sigma_{ij} = \sigma_{ij}^{el} + \sigma_a \delta_{ij}$$

$$\sigma_{ij}^{el} = \delta_{ij} \frac{E\nu}{(1+\nu)(1-2\nu)} \vec{\nabla} \cdot \vec{u} + \frac{E}{2(1+\nu)} (\partial_i u_j + \partial_j u_i)$$

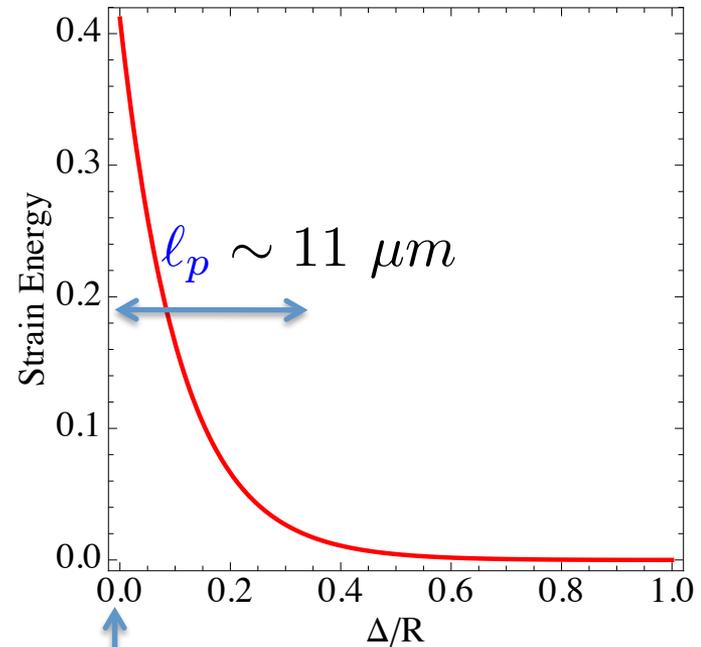
$$\bar{\sigma}_{rr}(r = R) = 0$$

Strain Energy density

$$w(r) \sim \frac{1}{2} \vec{T}(\vec{r}) \cdot \vec{u}(\vec{r}) = \frac{1}{2} Y u_r^2(r)$$

Penetration length:

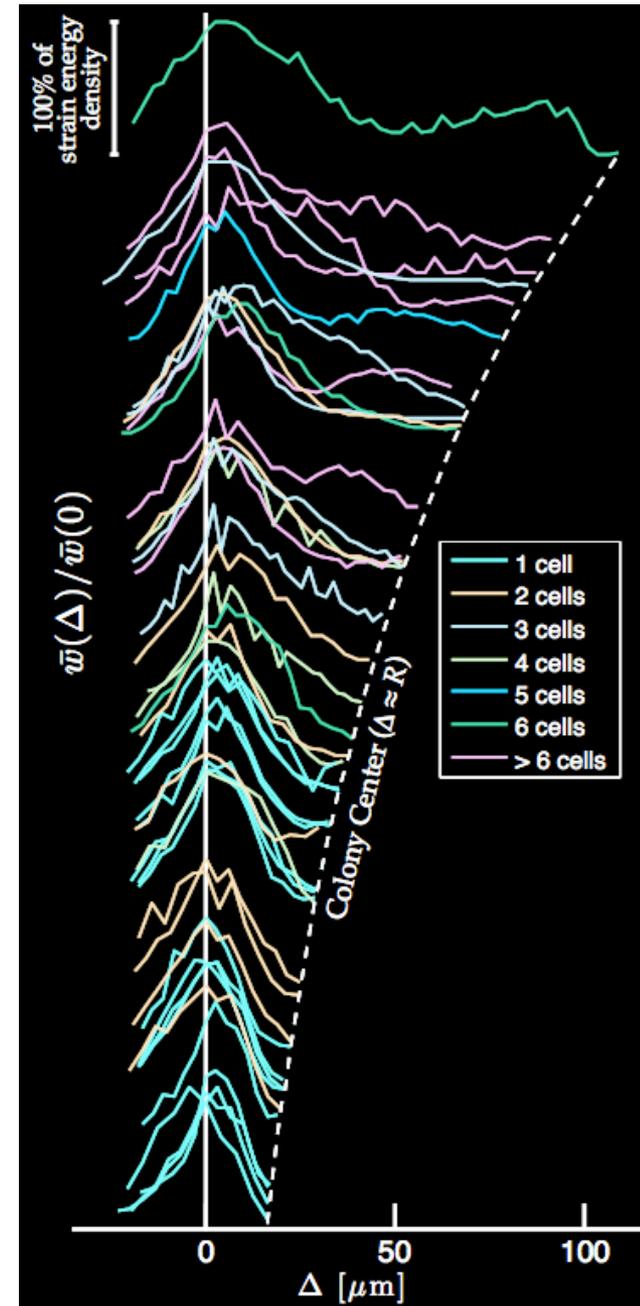
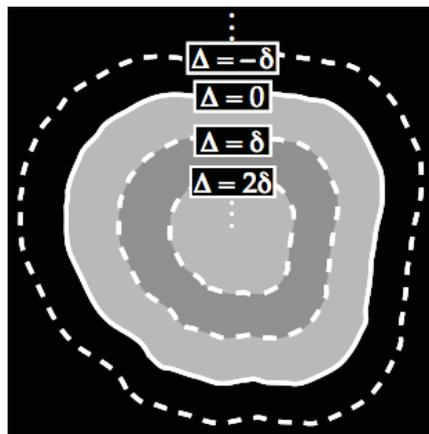
$$\ell_p^2 = \frac{E(1-\nu)h}{Y(1+\nu)(1-2\nu)}$$



colony edge

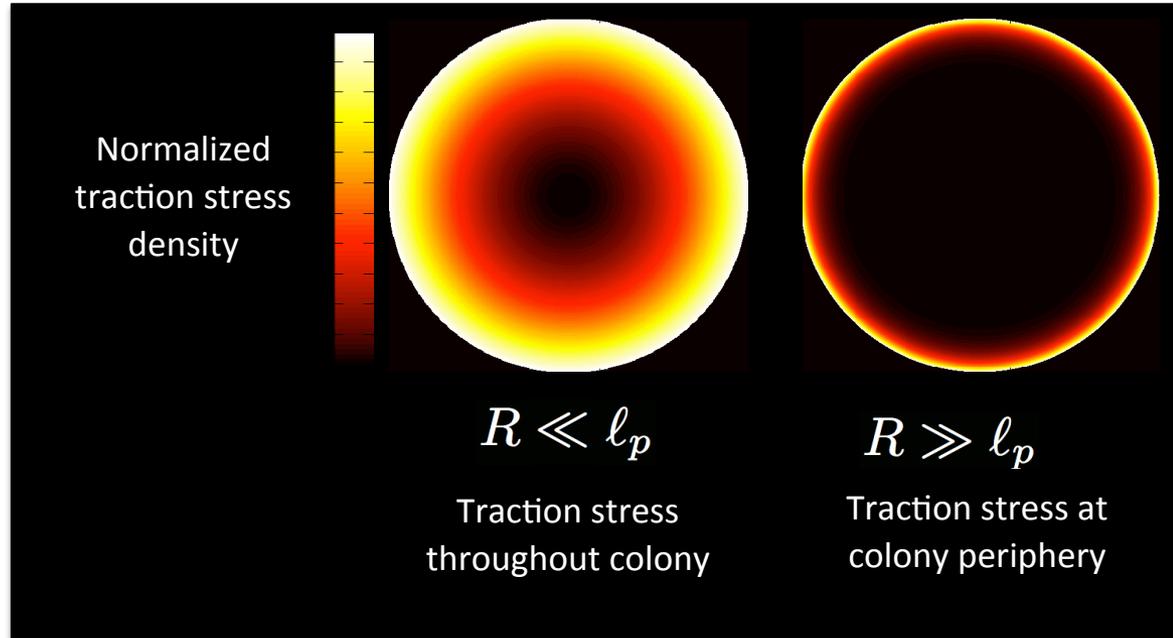
45 colonies, 1-27 cells
R: 20-200 μm

→ strain energy concentrated at colony periphery



Total traction stress

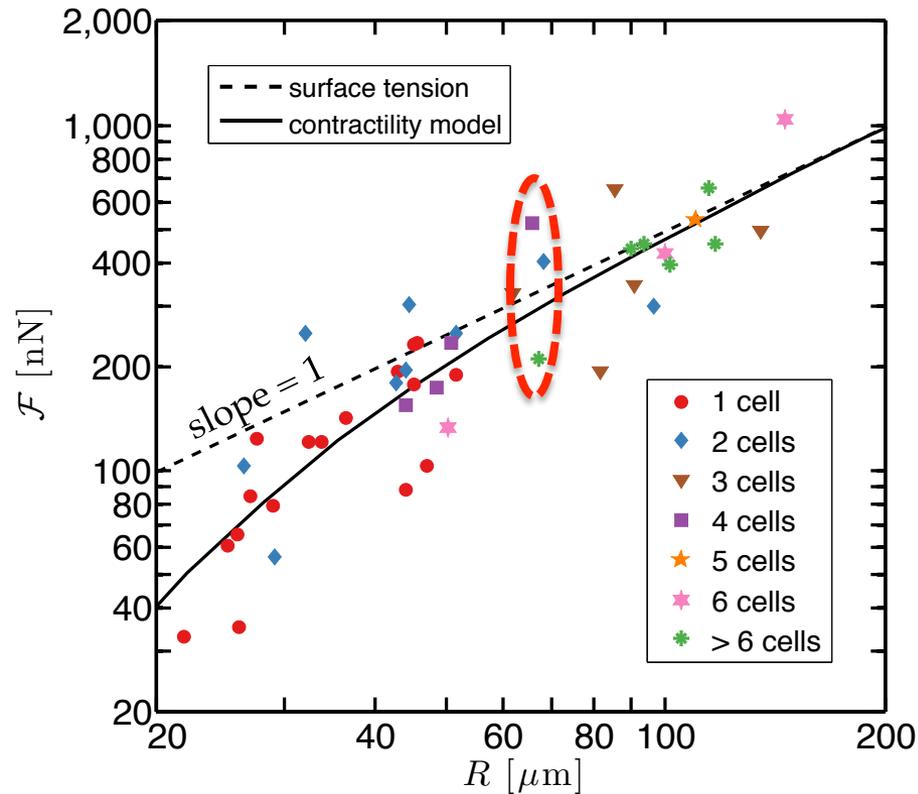
$$\mathcal{F} = \int dA \sqrt{(\sigma_{xz}^s)^2 + (\sigma_{yz}^s)^2}$$
$$= 2\pi Y \int_0^R dr r u_r(r)$$



$$\ell_p \ll R \quad \mathcal{F}(R) \propto R^3$$

$$\ell_p \gg R \quad \mathcal{F}(R) \simeq 2\pi h \sigma_a R \propto R$$

Scaling of **Traction Forces** with colony radius



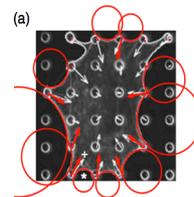
Mertz, Banerjee *et al.*, PRL 2012

Large colonies appear to behave like liquid droplets wetting a surface !

- **Total traction** grows monotonically with **colony radius** and **not** the number of cells.
- Linear scaling at large colony radius suggests emergence of an **effective surface tension** originating from **contractility**.

$$\frac{\mathcal{F}(R)}{2\pi R} \approx h\sigma_a \approx (8 \pm 2) \times 10^{-4} \text{ N / m}$$

Micropillars

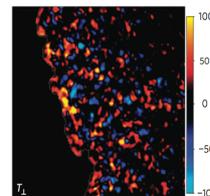


Single HUVEC

$$\gamma \approx 2 \times 10^{-3} \text{ N/m}$$

Bischofs *et al.*, Physical Review Letters, 2009, expanding on Lemmon *et al.*, Mechanics & Chemistry of Biosystems, 2005

Flat elastic substrate



Sheet of MDCK epithelial cells

$$\gamma \approx 7 \times 10^{-4} \text{ N/m}$$

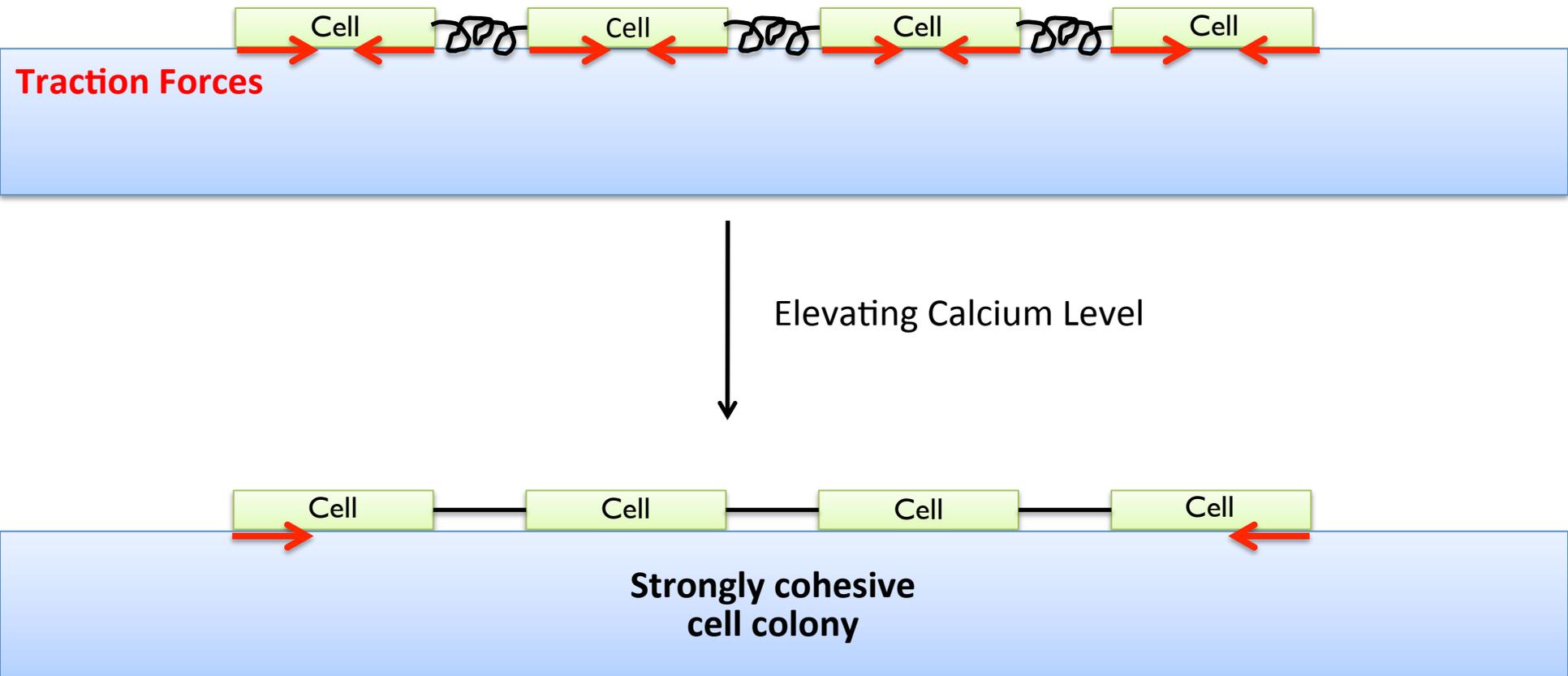
adapted from Trepap *et al.*, Nature Physics, 2009

$$\left. \begin{array}{l} \text{surface tension} \sim h\sigma_a \sim 8 \times 10^{-4} \text{ N / m} \\ h \approx 0.2 \mu\text{m} \end{array} \right\} \rightarrow \sigma_a \approx 4 \text{ kPa}$$

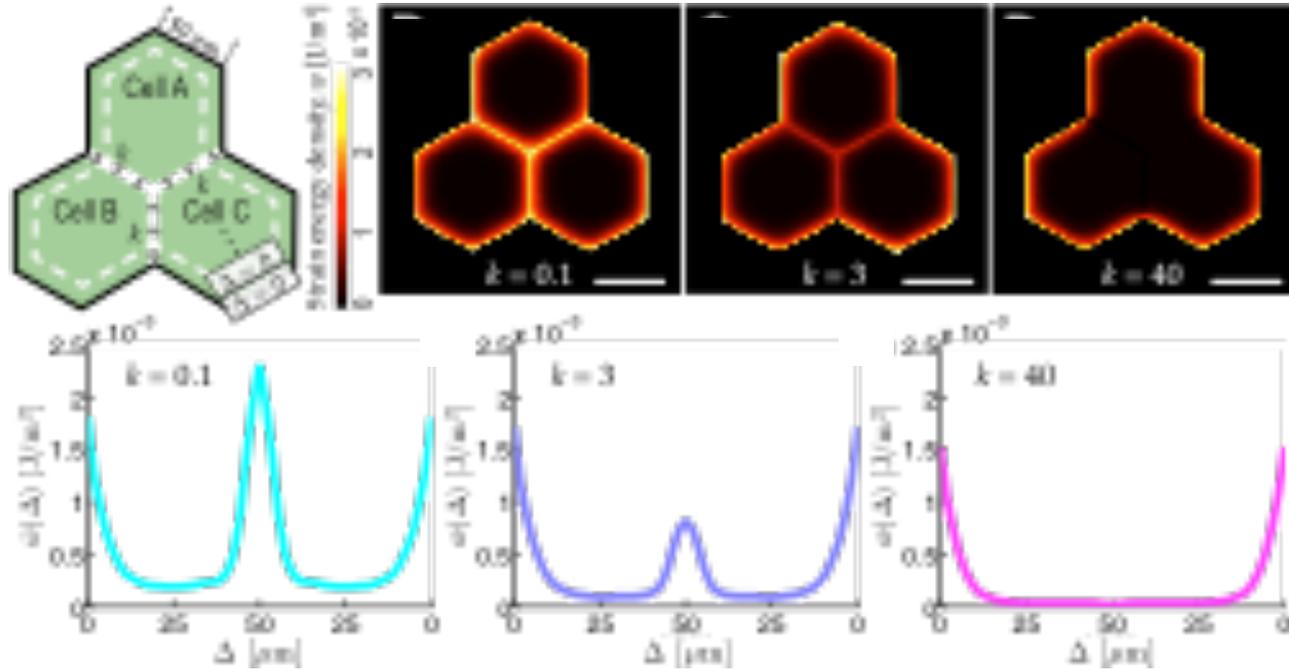
$$\sigma_a \sim \rho_m k_m \Delta_m \sim 1 \text{ kPa} \quad \left\{ \begin{array}{l} \rho_m \sim 10^3 \mu\text{m}^{-2} \quad \text{density of bound myosins} \\ k_m \sim 1 \text{ pN / nm} \quad \text{motor stiffness} \\ \Delta_m \sim 1 \text{ nm} \quad \text{motor stretch} \end{array} \right.$$

Cell-cell adhesion as an elastic bond

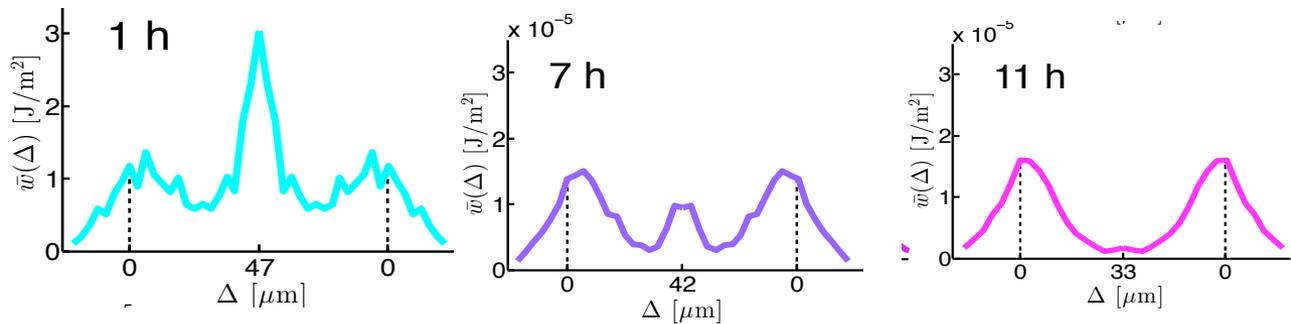
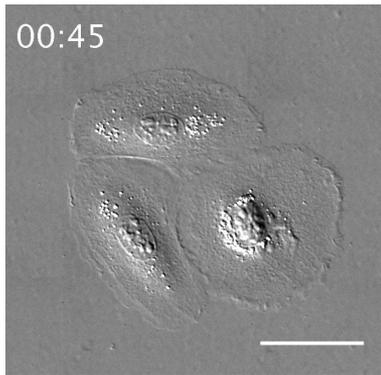
Cells adhere to each other via hookean springs with adjustable stiffness



2D model with shapes and springs captures experimental data



→ increasing stiffness of cell-cell springs

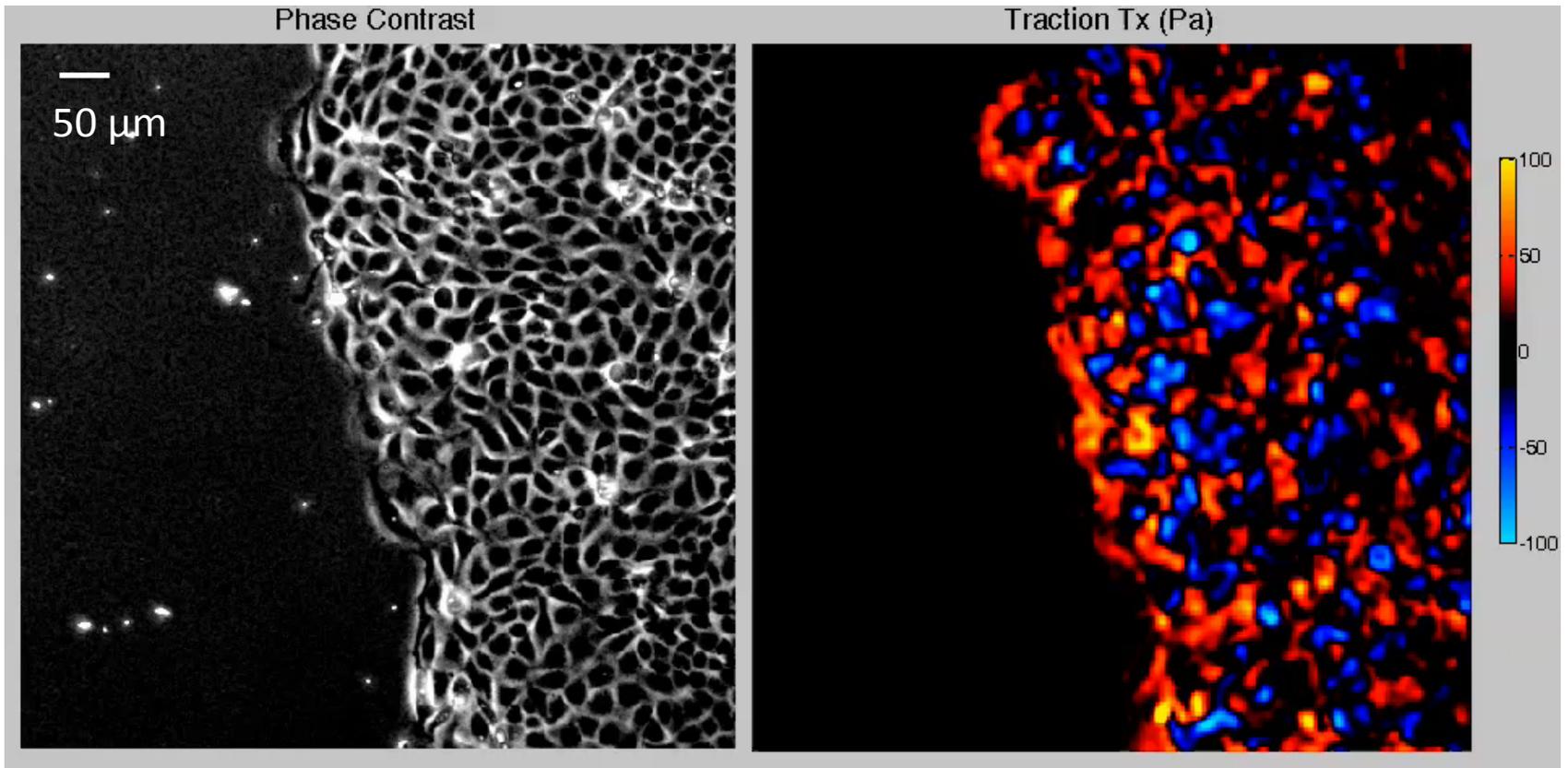


→ time after Ca^{2+} addition

Adherent cells: Summary & Questions

- Cohesive adherent cell colony as an elastic contractile continuum
- Mechanical output of cell colony does not depend on number of cells, but only on geometrical size of colony
- Experiments and physical model show emergence of surface tension in large colonies
- How do cell colonies and tissues actively regulate surface tension – contractility vs. cohesiveness?
- What is the connection between measured surface tensions of 2D colonies and 3D aggregates? (Guevorkian et al 2010, Manning et al. 2010, ...)
- Can cell colonies be thought of as wetted droplets?

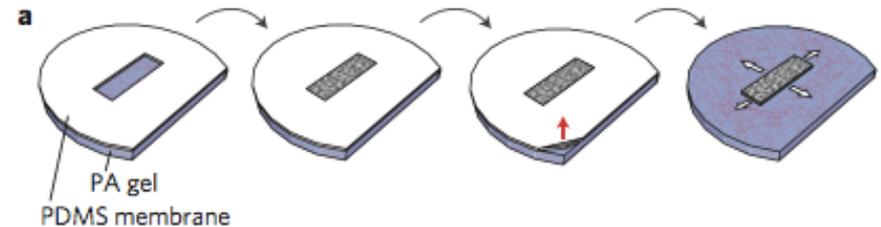
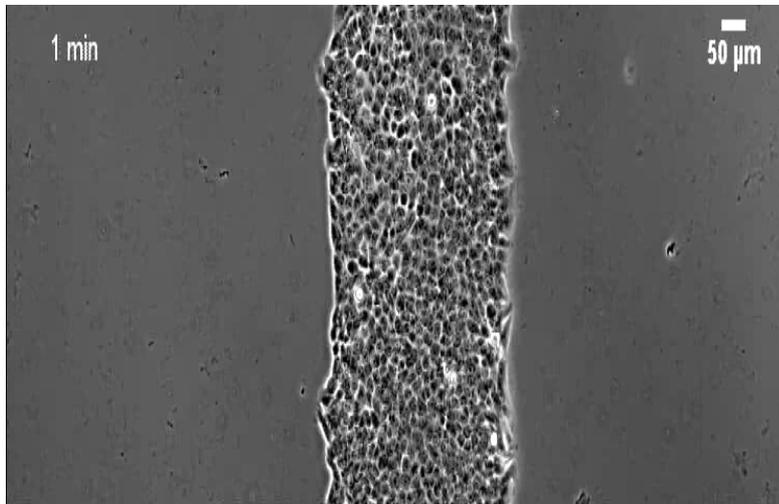
Collective Cell Migration



Trepat et al, Nature Physics (2009).

MDCK cells on polycrylamide gel of elastic modulus 1250Pa.

Collective migration of cell monolayers is important in many biological processes such as wound repair, morphogenesis and cancer invasion



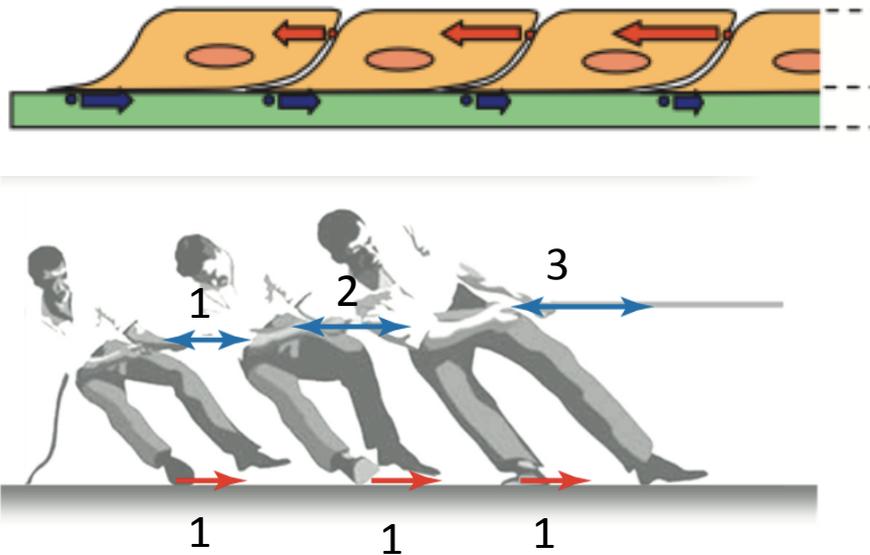
Continuum models can account for some experimental findings, including the existence of travelling mechanical waves that control stress propagation

X. Serra-Picamal et al., Nature 2012

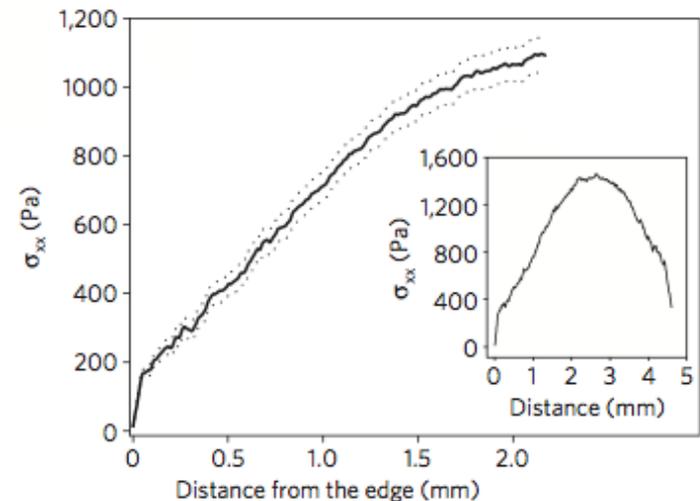
- Salm & Pismen, Phys. Biol. 2012
- Köpf & Pismen, Soft Matter & Physica D 2013
- Sepúlveda et al., PLoS Comput Biol 2013
- Basan et al PNAS 2012
- Arciero et al., Biophys J. 2011
- ...

Experimental Finding

- Build-up of **tensile** stresses in cell layer.
- Cells pull on neighbors → collective migration



Tug of war: forces are balanced!
Traction gives **intercellular stresses**



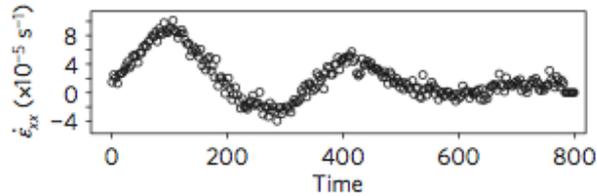
MDCK epithelial cells

Trepat et al, Nat Phys 2009

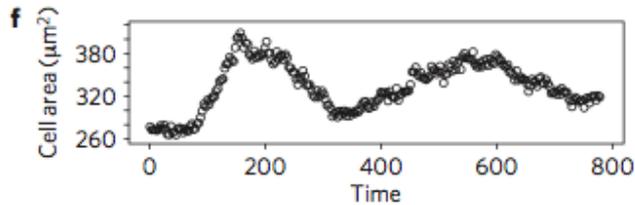
Experimental Finding

Serra-Picamal et al., Nature 2012

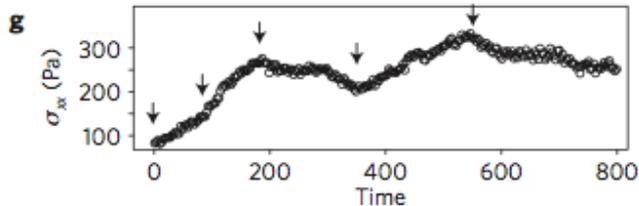
strain
rate



area
strain



stress



Liquid:

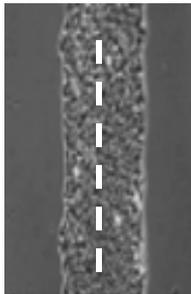
$$\sigma = \eta \partial_x v$$

$\partial_x v$ strain rate

Solid:

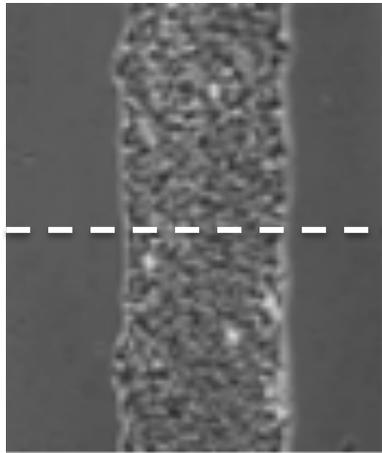
$$\sigma = \mu \partial_x u$$

$\partial_x u$ strain

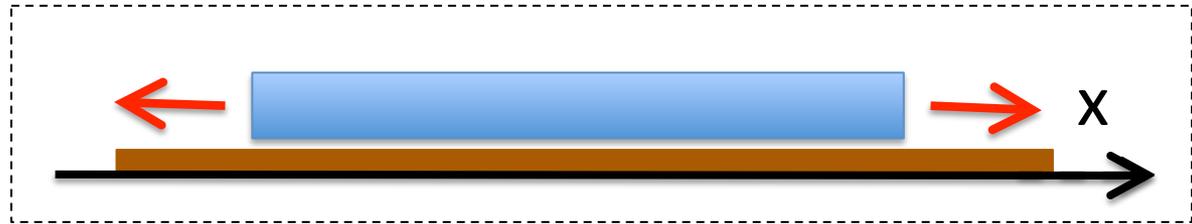


Stress at the monolayer midline oscillates in time, in phase with cell area and out of phase with strain rate \rightarrow elastic behavior

Spreading cell layer (2d)



x



- Displacement $\mathbf{u}(x)$
- Polarization $\mathbf{P}(x)$
- Overdamped dynamics

$$\Gamma \partial_t u_i = \partial_j \sigma_{ij} + f_0(\Delta\mu) p_i$$

$$\partial_t p_i = -[a + b\mathbf{p}^2] p_i + K \nabla^2 p_i - \beta \partial_j u_{ij}$$

$$\sigma_{ij} = \sigma_{ij}^{el} + \sigma_{ij}^a$$

$$\sigma_{ij}^a = \zeta \Delta\mu \delta_{ij} + \zeta' \Delta\mu p_i p_j$$

$$\begin{aligned} \zeta \Delta\mu &= \sigma_a \\ \zeta' \Delta\mu &= \alpha \end{aligned}$$

Forces are always balanced

$$\Gamma \partial_t u_i = \partial_j \sigma_{ij} + f_0 p_i$$

Spreading or
propulsion force

$$\partial_i \sigma_{ij} = \Gamma \partial_t u_i - f_0 p_i = T_i(x) \quad \int dx T(x) = 0$$

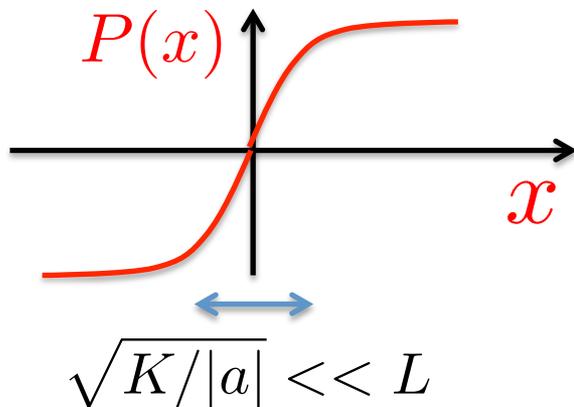


Spreading cell layer: $p_x(0) = -p_0$ $p_x(L) = +p_0$
 $\sigma(0) = \sigma(L) = 0$

Neglect dynamics of polarization

Deep in the polarized state we can assume that layer polarization relaxes fast compared to time scale of stress propagation to the steady state profile that minimizes F

$$\partial_t p_i = -[a + b\mathbf{p}^2]p_i + K\nabla^2 p_i = 0$$



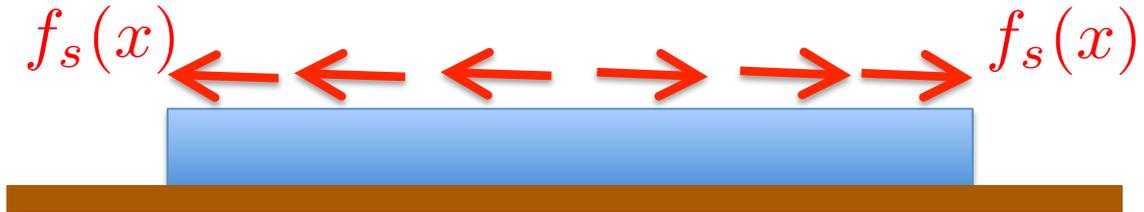
$$P(-L/2) = -P_0$$

$$P(+L/2) = +P_0$$

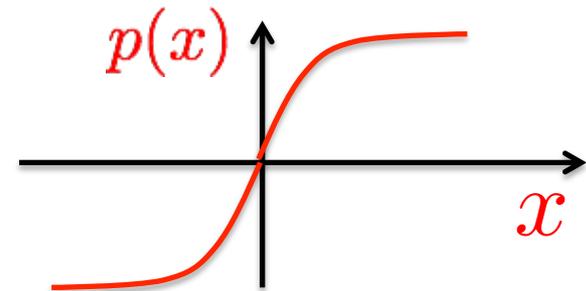
$$P_0 = \sqrt{-a/b}$$

Mechano-chemical coupling

$c(x)$: ATP concentration



spreading force: $f_s(x) \sim \Delta\mu p(x)$



$$\Gamma \partial_t u = f_s(x) + \partial_x \sigma$$

$$\sigma = B \partial_x u + \zeta \ln(c/c_0) \quad \Delta\mu \sim \ln(c/c_0)$$

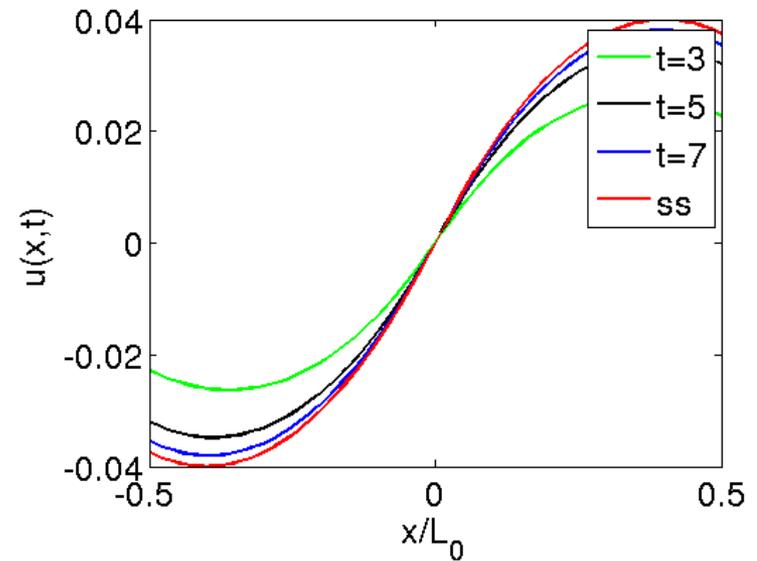
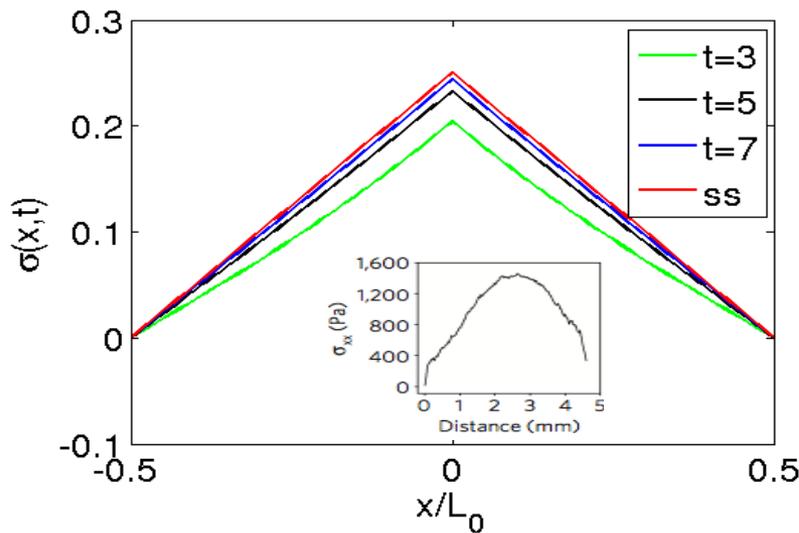
$$\partial_t c + \partial_x (c \dot{u}) = -\gamma(c - c_s) + D \partial_x^2 c - \beta \partial_x u$$

- Salm & Pismen, Phys. Biol. 2012
- Köpf & Pismen, Soft Matter & Physica D 2013

Fast excess ATP relaxation: $t \gg 1/\gamma$

$$\Gamma \partial_t u = f_s(x) + B_{eff} \partial_x^2 u$$

$$B_{eff} = B - \zeta \beta / \gamma$$

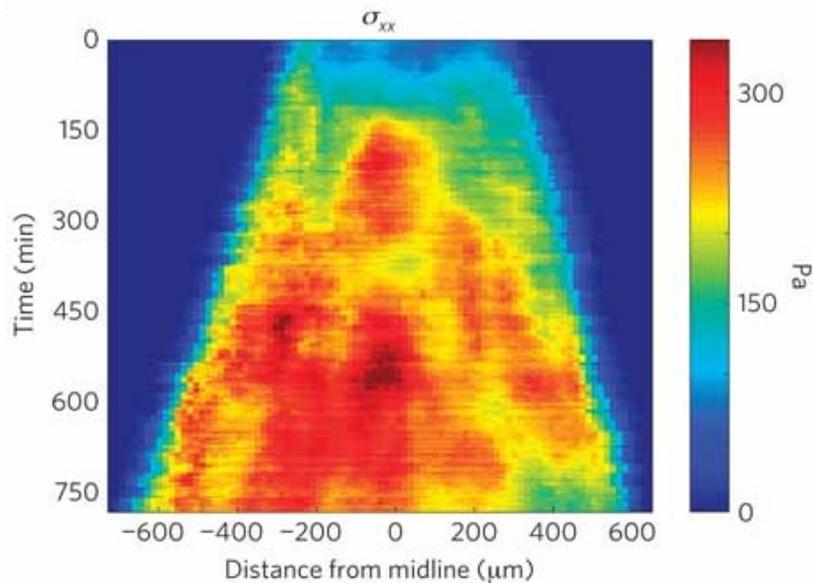


Cell layer spread diffusively for

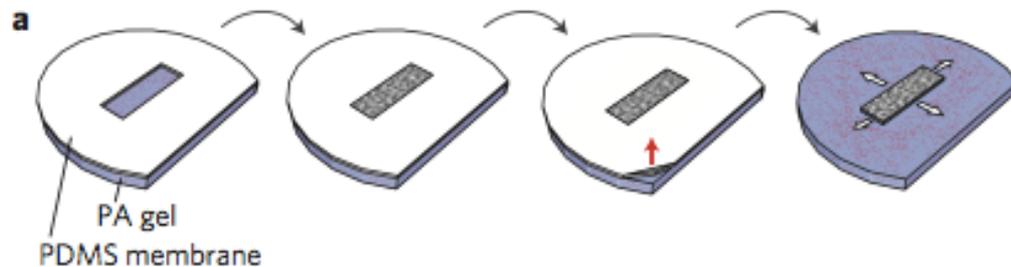
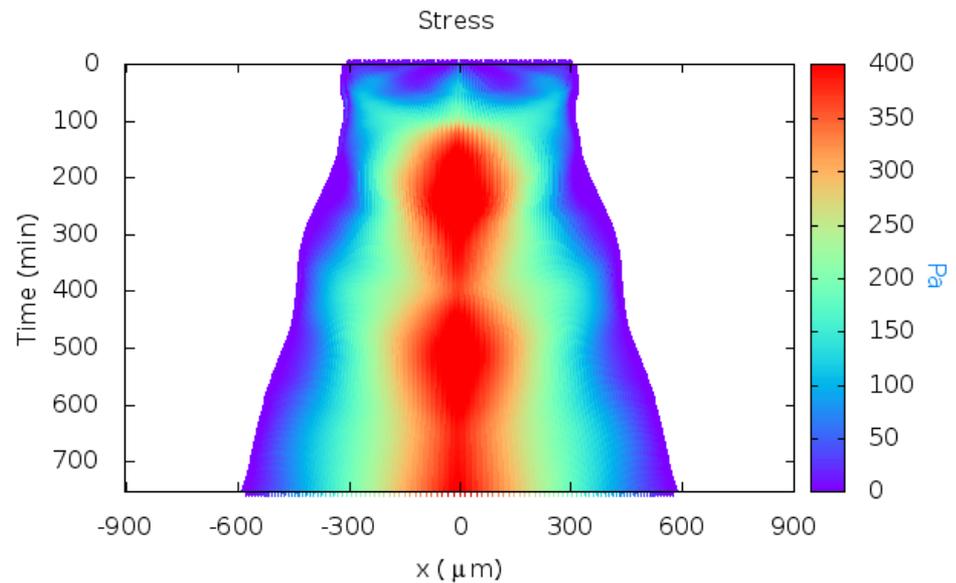
$$f_s > f_s^* = 8\beta(c_s - c_0)$$

ATP dynamics → Propagating Stress Waves

Experiments

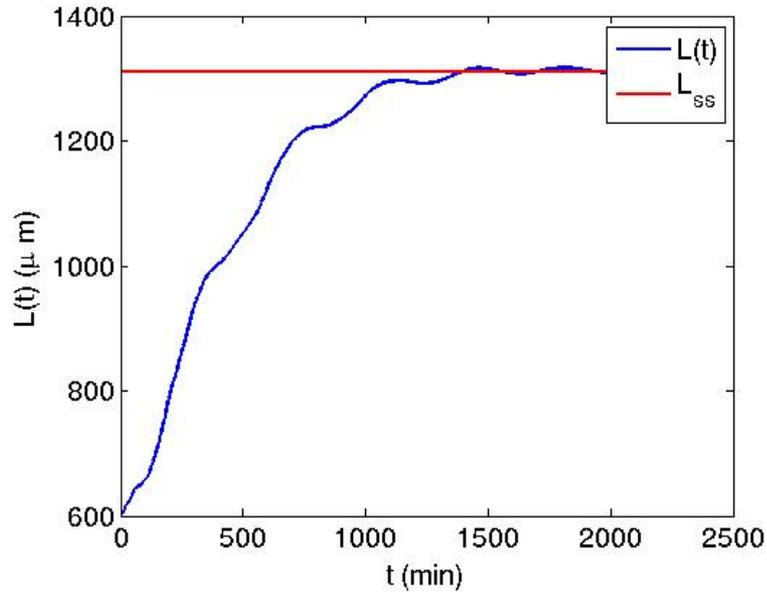


Contractile layer model

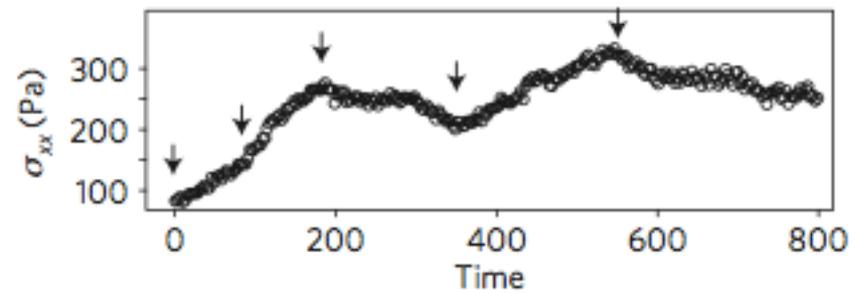
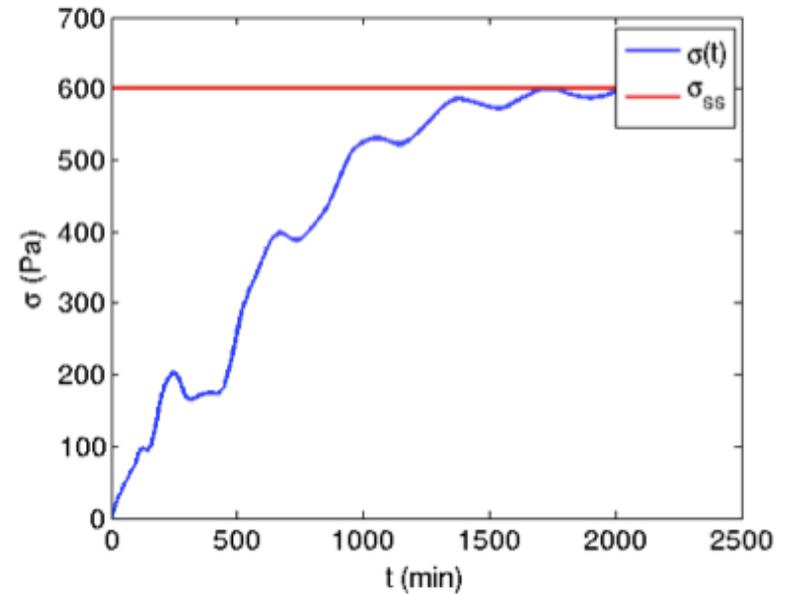


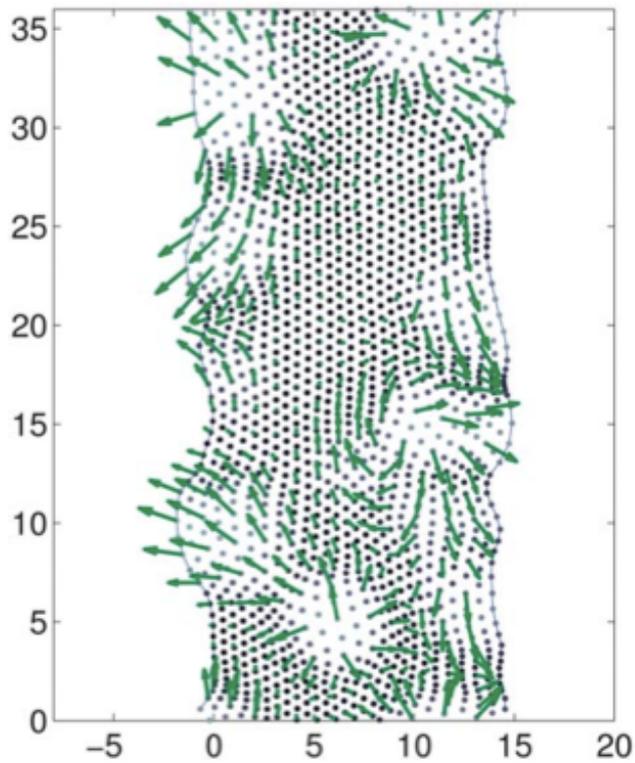
X. Serra-Picamal et al., Nature 2012

Cell layer width vs time

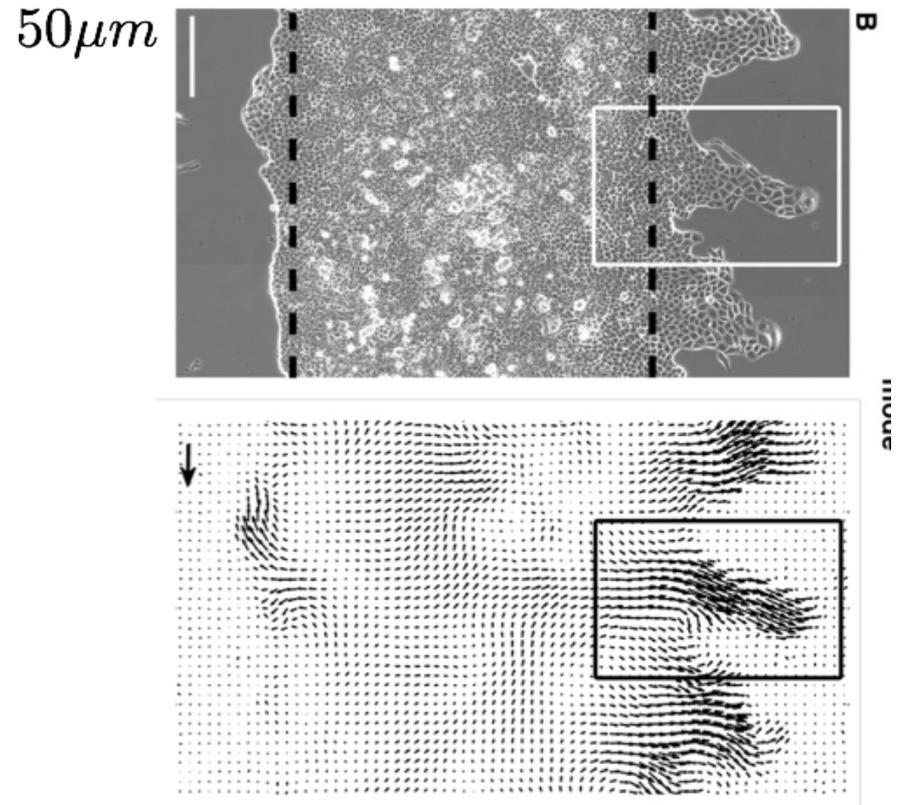


Midline stress vs time





Köpf & Pismen, *Soft Matter* 2013
 But requires “wetting force”



Petijean et al, *Biophys. J.* 2010,
 MDCK cells

Cells & Tissues as Active Matter

Single Cells

- *Global mechanics:*
 - Minimal continuum models provide understanding of force transmission to environment
 - spatial distribution of contractility and focal adhesion has little effect on stress and traction distribution
- *Local Mechanics:* Traction stresses are highly sensitive to substrate stiffness, cell shape or adhesion geometry.

Cell Colonies

- Cohesive cell colonies wet the substrate underneath with an effective surface tension.
- Colony surface tension emerges from strong intercellular adhesions and actomyosin contractility.
- Cadherin based adhesions organize cell-matrix forces to the periphery of the colony.