





# **Cell adhesion & Mechanics**

of Singapore

# Lecture 1

# **Benoit Ladoux**

#### Outline

#### Large-scale mechanical responses of single cell responses in response to external cues

Single cell responses to substrate stiffness and adhesive cues

Mukund Gupta Jimmy le Digabel Léa Trichet Bibhu Sarangi Leyla Kocgozlu Raphael Voituriez (UPMC)











René-Marc Mège Charlotte Plestant Pierre-Olivier Strale Rima Seddiki Emmanuelle N'Guyen







Large-scale coordinated movements during collective cell migration



SRK Vedula CT. Lim



G. Peyret Thuan Beng Saw Shreyansh Jain



WJ Nelson



AJ. Kabla





X. Trepat





# Motility



Neutrophil chasing a bacteria in the middle of red blood cells

## Motility: Amoeba proteus

Figure 2.1 Amoebo proteus feeding. The slow random crawing of A. proteus is seen in this sequince of photographs taken at 20-second intervals. Although it seems chaotic, A proteus changis its movements when it senses food. A rapidly swimming protozoan that by chance blunders into the amoeba (see arrow at 100 seconds) causes the latter to commence a slow circling movement. In this case the prey escaped, but not all cells are so lucky.













500 µm



Cell movements, D. Bray

Figure 2-4 Cytoplasmic streaming during the migration of Amoeba proteus. (a) The central region of more fluid cytoplasm, or plasmasol, flows into pseudopodia as they form and out again as they retract. The outer shell of more rigid cytoplasm appears to form from the plasmasol at the tip of the growing pseudopodium. (b) Tip of the pseudopodium of A proteus. Note the transparent layer beneath the plasma membrane (plasmagel) that excludes vacuoks, mitochondria, and other organelles.



# Motility



Worm cell

Movie by Julie Plastino, Institut Curie

## **Division and Adhesion**



#### Fibroblast by DIC (Nomarski)

## Specific versus non specific interactions



Movie by Manuel Théry, CEA

Movie in french : « La vie après la mort d'Henrietta Lacks » by Mathias Théry

#### Adhesion versus Motility



#### Macrophage crawling on a surface

Paul Matsudaira's lab (MIT)

## ... Complication : Affinity / Lability



« Tango » movie by Manuel Théry, CEA

## **Collective movements**



Shreyansh Jain MBI, Singapore

# **Cell movement and forces**







# **Cell movements**

# **Reynolds** number



Figure 1-3 Fluid flow at different Reynolds number (*Re*). At low *Re* the fluid flows smoothly, following the contours of the obstacle, but as *Re* increases small vortices develop. These are at first stationary with respect to the obstacle but at higher *Re* they are shed periodically. At very large *Re* fluid movements downstream of the obstacle become chaotic.





# Life at low Reynolds numbers

Navier - Stokes:  
- 
$$\nabla p + \gamma \nabla^2 \vec{v} = \vec{v} + \vec{p} \cdot \vec{v} \cdot \vec{v} \cdot \vec{v}$$

1f Q << 1 :

Time doesn't matter. The pattern of motion is the same, whether slow or fast, whether forward or backward in time.

The Scallop Theorem

Figure 6



Purcell, 1977

# Swimming in highly viscous media

 $\Rightarrow$  « Scallop theorem » (Purcell, 1977): in a viscous regime, no reversible movement in time.

Inertia
Viscous



Thèse Rémi Dreyfus, ESPCI

### Cellular processes : No inertia so forces are proportional to speed and not acceleration!

# Why biophysics?

# **Biomimetic approach**

Mouvement de la *Listeria monocytogenes* 



*Listeria monocytogenes* moving in PtK2 cells These pathogenic bacteria grow directly in the host cell cytoplasm. The phase-dense streaks behind the bacteria are the actin-rich comet tails. Actin-based motility is also used in cellular motility; this cell is using it's cytoskeleton to crawl toward the lower right-hand corner. Accelerated 150X.

--Julie Theriot & Dan Portnoy

Rocketting oil droplets



C. Sykes, J. Plastino, Institut Curie

...force generation

# Simplified approach of cell functions: Cell Spreading

Regions of close contacts between the cell and the substrate: cell outline Distance from the center to the edge as function of angle and time: visualization of the entire cell spreading Derivative of the distance with respect to time: edge velocity or velocity map of the cell spreading



Dubin-Thaler et al., 2004, Biophysical J

#### Visualisation of cell spreading (DIC) (Giannone et al. Cell 2004)



Periodic contractions during cell spreading

fibronectin 10 µg/ml

# Periodic contractions modulated by substrate stiffness



#### **Quantitative biology**

#### using concepts and physical approaches

reaching an equilibrium between simplification (seeking for universality!) and complexity/diversity of living matter

**Biology by the Numbers** 

#### Rob Phillips

#### California Institute of Technology

Science was once called "natural philosophy" and had as its purview the scientific study of all of nature. Increasing specialization led to a splintering of natural philosophy into a number of separate disciplines and one of the outcomes of this trend was that physics emerged largely as the study of inanimate matter. This peculiar state of affairs imposed an unnatural barrier which largely prevented physicists from seeing the study of living matter as part of their core charter. Similarly, the style of analysis favored in the life sciences was often descriptive isolating much of the biological mainstream from quantitative descriptions as the rule rather than the exception. An exciting outcome of the biological revolution of the last fifty years is that the study of living matter is emerging as a true interdisciplinary science that will enrich traditional physics and biology alike. I examine some of the philosophical underpinnings of physical biology and then illuminate these ideas through several case studies that highlight the interplay between quantitative data and the models set forth to greet them. One of the interesting outcomes of an analysis from the physical biology perspective is that topics that seem very distant biologically are next door neighbors in physical biology.



# Durotaxis





Figure 1.25: Schéma du modèle de contact focal proposé par Nicolas et al.







# Modeling depends on the biological question



# **Quantitative models:** « Toolbox » of the physicist



Figure 1.12b Physical Biology of the Cell (© Garland Science 2009)

#### Outline

# **Mechanics of cell adhesion**

#### Single cell adhesion

#### Dynamics of polymer network Active matter





#### Complex architecture of adhesion complexes





Interaction with neighboring cells



Cell colony

#### Multiple length scales and time scales?

## **Cell organization and traction forces**



Nir Gov HFSP J. 2009



# **Mechanosensing: Active matter**

#### Cells can sense mechanical cues from their environment

- Different mechanical cues Topography, Geometry, Rigidity
- Rigidity + External forces



#### Potential applications in medicine, tissue engineering and re-generation, cancer therapy

## Actin organization inside the cell



## Cytoskeleton filaments are polymers, made of small protein subunits



 The subunits are small and can diffuse in the cytosol whereas polymers cannot. Cells can undergo rapid structural reorganization

 The polymers are held by weak non-covalent linkages
 Assembly and disassembly can occur rapidly

3. Accessory proteins regulate the spatial distribution and dynamics of filaments and monomers

Bring cytoskeletal structures under the control of extra- and intracellular signals

Figure 16-2. Molecular Biology of the Cell, 4th Edition.

## Passive polymerisation (w/o ATP): equilibrium polymer



## Passive polymerisation (w/o ATP): But difference between both ends of the filament



Dissymptic can  
then and high 
$$\neq$$
 at both ends  
" + " = backed end  $\Rightarrow$  rapid  
" - " = pucked end  $\Rightarrow$  rapid  
" - " = pucked end  $\Rightarrow$  rapid  
Some chemical reaction ( same result of one nonvenes is added from the  
left or from the right)  
 $\Delta G^{+} = \Delta G^{-}$   
 $\frac{k_{eff}}{k_{eff}} = \frac{R_{eff}}{k_{eff}}$   
 $\frac{1}{k_{eff}} = \frac{R_{eff}}{k_{eff}}$   
 $\frac{1}{k_{eff}} = \frac{R_{eff}}{k_{eff}} = \frac{R_{eff}}{k_{ef$ 

# Active polymerisation (with ATP)

Different on- and off-rates for ATP- or ADP- monomers


### Single cell migration: a cyclic process of force generation

#### (a) Extension



(b) Attachment





forward force exerted by actin polymerization on the membrane

lamellipodial extension:

extracellular matrix probing: rearward force exerted by actin flow on integrins

(c) Contraction





(d) Release





How the cell transduces mechanical signals into a biochemical signal?



Sheetz M.P., Felsenfeld D.P., Galbraith C.G., 1998, Trends Cell Biol, 8:51-4

# Force generated by polymerisation

Force exerted by filament growth against the cell membrane? Inversely, how an external force can affect actin polymerisation?

(See Oster, Mogilner)



# Force generated by polymerisation



### **The Polymerization Motor**

Julie A. Theriot Traffic 2000 1: 19–28

$$V(F) = \int \left\{ k_{en} c \exp\left(-q \frac{Fc}{k_{eT}}\right) - k_{eff} \exp\left((A \cdot q) \frac{Fc}{k_{eT}}\right) \right\}$$

$$0 \leq q \leq 1 \qquad q = 0 \qquad k_{n}(F) = k_{n}(0) \qquad \text{orey kull is affected by } F$$

$$q = 1 \qquad k_{eff}(F) = k_{n}(0) \qquad \text{orey kull is affected by } F$$

$$q = 1 \qquad k_{eff}(F) = k_{n}(0) \qquad \text{oreg kn is affected by } F$$

$$q = 1 \qquad k_{eff}(F) = k_{n}(0) \qquad \text{oreg kn is affected by } F$$

$$q = 1 \qquad k_{eff}(F) = k_{n}(0) \qquad \text{oreg kn is affected by } F$$

$$q = 1 \qquad k_{eff}(F) = k_{n}(0) \qquad \text{oreg kn is affected by } F$$

$$q = 1 \qquad k_{eff}(F) \approx k_{off}(F) \qquad \text{oreg kn is affected by } F$$

$$q = 1 \qquad k_{eff}(F) \approx k_{off}(F) \qquad \text{Measurement of the Force-Velocity Relation for Growing Microtubules}$$

$$row = 1 \qquad \text{Mathematication for Growing Microtubule$$

# Orders of magnitude

Actin inside the cell, m= 20  $\mu M$ 

$$K_{d}(v) = m^{*} = 0.2 \mu n$$
  
 $S = 5.4 \text{ nm}/2 \text{ protofilaments} = 2.7 \text{ nm}$   
 $F_{max} = \frac{4 \rho N \cdot nm}{2 + nm} \ln 1.00 = 7 \rho N$ 

Microtubule: ma 100 m\*

Fmax = 4pN.nm lu 100 ~ 30pN.

# Force generated by polymerisation

### Brownian ratchet model:



Mechanism limited either by

1) probability to add a new monomer 2) or gap opening

# The complex architecture of focal adhesion



Adapted from Geiger and Bershadsky

# Nanoscale architecture of FAs

#### iPALM imaging: plasma membrane marker, integrin and actin.



#### **Distribution & position of molecules**



Kanchanawong et al. Nature 468, 580-584 (2010)

# Adhesion, contractility and transmission of forces



# How the cell transduces external mechanical signals of the ECM into a biochemical one?



Mechano-sensing process ? Protein stretching, ion channels, actin cytoskeleton...

# Force mapping on the substrate : different techniques

Wrinkles on a silicon layer: Qualitative data

Harris et al., Science, 1980



### Cell on elastic deformable substrate (silicon)



**Migrating cell (keratocyte)** 

Burton et al. Mol. Biol. Cell 10 p. 3745 (1999)

force ~ nN ; size  $\approx \mu m$  Other methods?

# Adaptation of Polyacrylamide Materials as Substrates for Cell Mechanical Studies

-optically clear

-10<sup>2</sup> – 10<sup>3</sup> measurements / cell

-spatial precision of bead displacement 50-100 nm

-temporal resolution ≈0.5 min

Wang and Pelham (1998) Methods Enzymol. 298:489 Beningo et al. (2002) Methods Cell Biol. 69:325





# Forces Generated by a Migrating 3T3 Fibroblast Are Detected as Displacements of Particles Embedded in the Flexible Substrate



Munevar et al. (2001) Biophys. J. 80:1744

# Constructing a Quadrilateral Mesh and Solving the Boussinesq Equations



$$D = AT$$



Dembo and Wang (1999) Biophys. J. 76:2307

### **Force measurements**



Munevar et al., Biophys. J., 2001

Inversion of the force-deformation relationship

Dembo et al. Biophys. J. 1996; Butler et al. Am. J.Phys.-Cell Phys. 2002; Schwarz et al. Biophys. J. 2002; Barentin et al., Eur. Biophys. J. 2006

Color Mapping Protrusion is Coupled to the Assembly of New Adhesions and Generation of Traction Forces at the Leading Edge

> Yu-Li Wang's group http://www.bme.cmu.edu/publications/yuliwang/index.html



# How to control the micro-environment?



**Soft lithography** (G. Whitesides, Harvard)

Weibel et al. Nature Reviews Microbiology 5, 209–218 (March 2007)

Microfluidics

Micro-stamping

Micro-fabricated substrates

# How to control the micro-environment?



Nature Reviews | Microbiology

Weibel et al. Nature Reviews Microbiology 5, 209–218 (March 2007)















Microfabrication: Systematic studies & Reproducible conditions

















# Microfabrication for force measurements Adhesions and forces: Arrays of discrete deformation sensors



PDMS (poly di-methyl siloxane) = elastic gel of adjustable stiffness (varying crosslinking rate)

Microstructured substrate obtained by moulding. Each spot is used as a deformation sensor

Deformation assay with a micropipette

Balaban et al. Nature Cell Biol. 3, p 466 (2001)

Again...Convert deformations into stress requires numerical treatment

### **Examples of deformation recording**

#### BDM added = inhibits myosin activity and cell contractility



# **Dynamics of focal adhesions**



Fibroblast labelled with GFP-vinculin plated on a patterned substrate

The forces exerted on the substrate are parallel to the elongation of focal adhesions



Cardiac myocyte labelled with GFPvinculin (red) and actin (green).

Exerted forces are parallel to stress fibers

Balaban et al. Nature Cell Biol. 3, p 466 (2001)

# Stress applied through focal adhesions and myosin activity in contact strength





A t= 0, addition of BDM (butanedione monoxime) = inhibitor of myosin ATPase activity

# FA areas as a function of forces Slope=Stress is constant :5.5 $nN/\mu m^2$

# **Microfabricated substrates**

Micropillars (Rovensky et al. Exp. Cell Res. 1991 ; Tan et al., PNAS 2003; Roos et al., ChemPhysChem 2003; du Roure et al., PNAS 2005)

Different approach: combination of « hard » and « soft » lithography (GM. Whitesides, Harvard)



## **Cell culture on the substrate and deformations**



Tan, John L. et al. (2003) Proc. Natl. Acad. Sci. USA 100, 1484-1489

# **Vector field on epithelium edges :**



10 µm

(du Roure et al., PNAS, 2005)

# **Traction forces and focal adhesions**



- FA areas as a function of forces: Good agreement with previous studies
- Constant stress  $\approx 5.5 \text{ nN/}\mu\text{m}^2$
- High forces observed for small adhesive contacts

Tan et al. (2003) Proc. Natl. Acad. Sci.

# A model for the contact growth: Local mechanosensitivity

Nicolas et al., PNAS 2004; Besser and Safran, Biophys J, 2006; Nicolas et al., Biophys. J. 2006



Some proteins (integrins ?) of the contact are force sensitive : they may change their conformation under stress (in compression or in extension), which makes possible the recruitment of other plaque proteins (and of actin filaments)

FAs = autonomous mechanosensor implies that the stress on FA is regulated by the FA itself!

# **Elastic model**



Infinite elastic solid subjected to a local stress  $\Box$  anisotropic deformation

### Assumption :



# Adhesion growth = adding a new particule

#### **Modeling by Nicolas & Safran**



Work of a larger number of stress fibers (+)

Chemical energy associated by the absorption of new molecules (-)

- Anisotropic contact growth in the direction of the force
- Local regulation by the stress

A. Nicolas et al. PNAS 2004; Biophys J. 2006

# Local mechanosensors ?



➢ Ion channels?

Response of the adhesion to stress is triggered by the opening of ion channels:

(Glogauer et al. J Cell Sci. 1997)

Ion channels: Polarized response of FAs to force?

Diffusion of such small ions as calcium very fast :D 10<sup>-10</sup> to 10<sup>-12</sup> m<sup>2</sup>/s

Isotropic distribution in a very short time

Ion channels cannot be the initiators of the response of FAs to force but may stabilize FAs

### **But...**



#### Focal Adhesion stress is not constant

(Stricker et al 2011)

### Cells respond to mechanical forces in seconds



<sup>(</sup>Mitrossilis et al 2010)

Bio-chemical signaling cascades cannot explain response times of ~0.1s

# **Rigidity sensing mechanisms**



• FAs respond to rigidity: local scales

(Pelham et al. PNAS 1997; Balaban et al. NCB 2001; Del Rio et al. Science 2009; Stricker et al. Biophys J. 2011; Plotnikov et al. Cell 2012...)

•Acto-myosin cytoskeleton / Mechanosensitivity: larger scales (Mitrossilis et al. PNAS 2009; Crow et al. 2012)

### **Micropillar substrates**



• Measurements of traction forces (du Roure et al. PNAS 2005)

•Large range of stiffnesses

# In vivo environmental stiffness

In vivo

E = 1 to 100 kPa



### In vitro

D. E. Discher et al., Science 310, 1139 -1143 (2005)

Micropillar versus continuous substrate



## **Force-rigidity relationship**

### 3T3 fibroblasts



#### **Two regimes :**

- $E < E_{threshold}$ : Force adaptation to the rigidity Displacement  $\approx$  130 nm
- $E > E_{threshold}$ : Force saturation : 11 nN

Good agreement with previous experiments on continuous flexible gels (Yu-Li Wang's group; Lo et al. Biophys. J. 2000)

Linear relation between F and K ( $\propto$  E  $_{\rm eff}$ )

# Consequences



### **Regulation by strain or stress ?**

Theoretical model by Nicolas & Safran (Nicolas et al., PNAS 2004; Biophys J, 2006)

Balaban *et al.*, Nat Cell Biol, (2001) : Force Area of focal adhesions Stress ( $\sigma$ )=F/Area of FAs=CST

Local or global mechanism?

**Regulation by strain or stress?**
### Plausible explanation: Active matter modeling (P. Marcq et al. Biophys. J. 2011)

•Coarse-grained models of the actin cytoskeleton / active matter theory (activity of molecular motors) (Kruse et al. EPJE 2005)

• polar viscoelastic gels

• Dynamics is given by Navier-Stokes equation

Active stress (activity of motors / ATP hydrolysis)

### Example : Maxwell liquid



### **Rigidity sensing explained by active matter theory** Philippe Marcq, Natsuhiko Yoshinaga and Jacques Prost



### **Correlation between traction forces, actin and FAs**

REF 52 cell paxillin pink actin green pillar red



• Relationship between FAs and traction forces

•Relationship between actin organization and traction forces

### **Stress-stiffness relationship**



Trichet et al. PNAS 2012

- •Stress (Force/FAs Area) varies with the rigidity
- •Two regimes: Fast increase up to 30 nN/ $\mu$ m and saturation above 40 nN/ $\mu$ m
- Regulatory mechanosensing process ?

### Actin polarization in response to substrate stiffness Mukund Gupta



# Large-scale mechanosensitive response



#### actin cytoskeleton behaves like an active polar gel:



### Large-scale mechanosensing

Order parameter of stress fiber orientation as a function of substrate stiffness



For 1D stress fiber:  $\sigma^a = -\gamma . (x - x_0)$ 



## Viscoelastic behavior of actin cytoskeleton



#### **Elastic** *versus* **viscous behaviors**?



### **Cell polarization in response of substrate stiffness:** plausible explanation of duratoxis (Lo et al. BJ. 2000)

Non-motile cell on soft substrate: Centripetal movement of actin fibers



REF 52 cell Actin red MT green Nucleus blue



• Confinement of MTs on soft substrates

- MTs are growing up to the cell edge on stiff substrates
- •Cell polarity? Durotaxis